# Université De Nantes

# Contents

The University	<b></b> .3
The International Relation Office/ International Education Office	6
Location	7
Accommodation	
University Accommodation	10
Private Accommodation	
Housing grants (ALS)	11
Transport	
Admissions Procedures	
Academic	16
Academic Calendar	16
French Language Classes (DEFLE)	
Technology Assisted Learning	17
Library and Research Facilities	
Practical Information	18
Residence Permit Application	18
Health and Insurance	
Student Matters	20
Student Societies	20
Student's Union/Service de la Vie Etudiante	20
Student Tips	

# The University

The original University of Nantes was established by papal bull in 1460 but was abolished during the French Revolution. The current University was founded in 1970 under the terms of the 1968 law which reformed French higher education. This newly established institution replaced the former University of Nantes which had been founded in the early 1960s.

The University of Nantes is composed of 21 faculties, institutes and schools:

Law, economics and management:

- Institute of Economics and Management Institute of Business Administration (IEMN-IAE)
- Institute of Preparation for General Administration (IPAG)
- Faculty of Law and Political Sciences

### Health:

- Faculty of Medicine
- Faculty of Dentistry
- Faculty of Pharmaceutical and Biological sciences

### Sciences:

- Faculty of Science and Technology
- Observatory of Earth and Planetary Sciences (OSUNA)
- Department of Science and Technology of Physical Activities and Sports (STAPS)

### Teacher Training:

• Institute of Teacher Training (IUFM)

### Languages:

- Department of Languages International Language Centre (CIL)
- Institute for Research and Education in French as a Foreign Language (IRFFLE)

### Human arts and science:

- Department of Literature and Languages
- Institute of Geography and Town and Country Planning (IGARUN)
- Department of History, Art History and Archaeology
- Faculty of Psychology
- Department of Sociology

# Institutes of Technologies:

- Institute of Technology of Nantes
- Institute of Technology of Saint-Nazaire
- Institute of Technology of La Roche-sur-Yon

# Polytechnic school and Engineering School:

• School of Engineering - École Polytechnique de Nantes

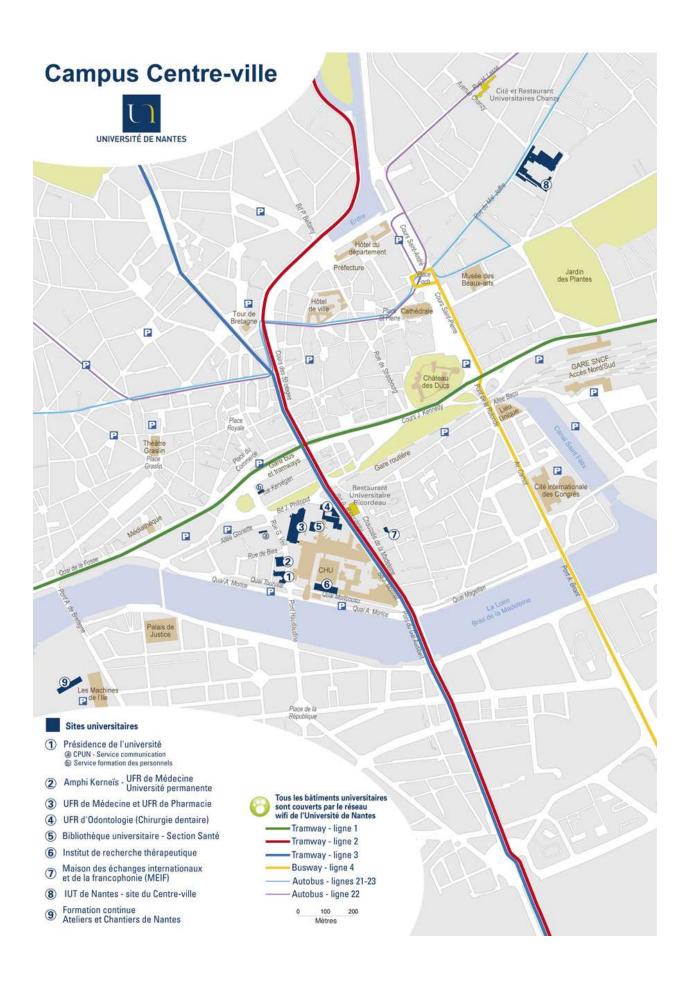
During the year 2009/2010 the university was attended by 34,200 students, of whom 3,360 are international students.

### **Université de Nantes**

Formation initiale – Scolarité Division des études et de la vie universitaire Présidence de l'université 1, quai de Tourville 44 000 Nantes

Tél: +33 (0)2 40 99 83 04

Email: devu@univ-nantes.fr



# The International Relation Office/ International Education Office

The International Relations Department organizes and manages student and teaching staff from programs with partner foreign institutions. It mainly coordinates the outgoing French students and the incoming international students, as well as providing support services for students enrolled in exchange programmes. The International Education Office is there to help students with any enquires or problems you may have. If you are in need of any assistance, please contact them.

The Office is directed by Sébastien Youinou.

## Université de Nantes - Division des Relations Internationales

Mobilité entrante BP 13522 44035 Nantes Cedex 1 France

Tel.: +33 253 462 162 Fax: +33 253 462 161

Email: international@univ-nantes.fr

Moreover the University of Nantes has The Maison des Echanges Internationaux et de la Francophone. It is a centre dedicated to international information and services, which develops and facilitates student and staff mobility, welcomes international students and promotes intercultural exchanges.

# Services

The Maison des Echanges Internationaux et de la Francophonie offers you the following services:

- The "guichet unique" for welcoming foreign students (information, procedure, integration, cultural activities and French courses)
- A mobility portal for outgoing students (information, intercultural exchanges, linguistic and cultural preparation to mobility)
- A meeting place for incoming and outgoing students
- A centre to promote Francophone programmes.

The MEIF is located in Nantes city center, 15 chaussée de la Madeleine and it is open Monday to Friday 9am till 12am and 1.30pm till 5pm. It is closed on Monday morning and bank holidays.

# Location



Nantes is situated near the European Atlantic coast in western France and the city is located on the Loire River and at the confluence of the Erdre and the Sèvre Nantaise.

Nantes is the capital city of the Pays de la Loire region. It is also the major city of the historic province of Brittany, and culturally remains strongly identified with it.

With an estimated population of over 800,000 in the greater metropolitan area, it is the sixth largest city in France. The inhabitants of Nantes are called the "Nantais".

Nantes is a historical city with many tourist attractions. There are 11 main districts.



The most important places to visit are the Château des Ducs de Bretagne, fortress and royal residence; the Saint Pierre-Gate; the Cathedral of Saint-Pierre and Saint-Paul 400 years of history; the district of Le Bouffay which is the original centre of the medieval city; the Ile Feydeau; the Place Royale; the district of Gaslin and the passage Pommeray.

If you want you can buy a "Pass Nantes 72H Etudiants" to have a free entry to 30 top attractions, free travel on public transports (Tramway, Bus, BusWay, Navibus) and a lot of discounts on shopping, entertainment and leisure during 72 hours for €18.

You can discover Nantes by boat. Several different cruises exist:

Cruises on the Erdre: The tour leads you to La Gascherie castle. The guide relates the architectural and natural heritage - from March to November- It lasts 1h 45.

Cruises on the Loire River: The tour around the island of Nantes reveals the city's historical and industrial past and the huge town planning project island of Nantes from April to September – it lasts 1 h 30.

*Cruises on the Sèvre nantaise*: Romantic and charming, the banks of the Sèvre Nantaise meander through the vineyards - from April to September – it lasts 1 h 30.

In Nantes, they don't talk about window-shopping; the verb is "crébillonner", from the name of the Rue Crébillon, the town's smartest shopping street. It opens onto the famous Passage Pommeraye, the 19th Century shopping arcade with elegant, original boutiques.

The delicious specialities of Nantes are: Muscadet sur Lie, Petits Beurres LU biscuits, Guérande "fleur de sel" salt, butter caramels, traditional Berlingot and Rigollette sweets, Nantillais cocktail or Blonde du Bouffay beer, Pornic ceramics, marine-wear (boots, Breton shirts, caps, etc.) and latest editions of Jules Verne's works...

Go out for a drink! The main pubs, bars and places to go out to in Nantes are in the Graslin area (rue Jean-Jacques Rousseau, place du Commerce et Place Royale), around Bouffay and in the rue Maréchal-Joffre, and the Banana Warehouse.

Dozens of restaurants are in the centre of Nantes, traditional and exotic, to suit every taste and every pocket. You may discover the fish and seafood specialities, to be washed down with a lightly chilled Muscadet sur Lie or one of the traditional creperies...

Further away from the centre, the banks of the Loire and the Erdre offer a more original choice in a magical setting.

http://www.calameo.com/read/0001068668b0274eb2ef2



### Accommodation

### **University Accommodation**

The CROUS (*Centre Régional d' Oeuvres Universitaires et Scolaires*) are the halls of residence offered to students in Nantes. They vary from flats to small duplexes.

All accommodation is equipped with fitted kitchenettes, bathrooms, desk and work areas, TV, telephones, and access to internet for €1 per month. Each complex also has laundry. There are flats on the ground floor reserved for people with disabilities.

Rates vary from  $\in$ 146 in an unfurnished room to  $\in$ 225 in a furnished room of 9m2 per month for a stay of at least two months. It is common in France to be asked for a deposit of two months. For an unfurnished room, the deposit is  $\in$ 168 and for a furnished room it is  $\in$ 248. You can also rent a studio flat and the price is  $\in$ 280.

While prices are very competitive, accommodation is basic and sparse in comparison to UCC.

The University will send you further information about housing and an application form for their accommodation.

Please bear in mind there is an accommodation shortage in Nantes and if you decide to stay in university accommodation please return this form as soon as possible.

For more information go to: http://www.crous-nantes.fr/

Crous guide to accommodation 2008: http://www.crous-nantes.fr/media/DOSSIERS%20PRESSE/Projet%20detablissement%202009-2012.pdf

### **Private Accommodation**

While private accommodation is generally of a higher standard with better facilities, it is much more expensive. Please note rented accommodation in France is usually unfurnished.

Prices range from €400 to €550 depending on location, size, state of repair, etc.

When looking for accommodation in Nantes, please research the areas they are located in and how you will get to and from campus.

There are a number of ways to find accommodation in Nantes. You can use a letting agency – often they specialise in either furnished or unfurnished property. Do not pay the letting agency until they have found you a place and you have signed a contract.

You can look at local newspaper for the rental lists or keep an eye out for buildings with "A louer" (for rent) on them, and phone the landlord directly to set up a viewing.

Whatever way you decide to go about finding accommodation in Nantes, it's highly recommended to arrive early, as a huge student population will all be trying to find accommodation at the same time.

You can go to these websites too: http://www.leboncoin.fr/ http://www.appartager.com/ http://www.ouestfrance-immo.com/ http://planeterasmus.net/

# **Housing grants (ALS)**

Like their French counterparts, international students may be entitled to a housing grant called ALS (*Allocation de Logement Social*). The maximum amount given for a single student living alone is about €135 per month (the first month is not reimbursed).

The procedure is long and complicated and you are unlikely to receive any money for several months. However, you will be reimbursed for the previous months if your application is accepted, and it can save you a lot of money in the long run.

As an international student, you will need to have obtained your residence permit and be able to produce a *récépissé* (acknowledgement of receipt).

Caisse d'Allocations Familiales Telephone +33 (0)8 10 25 44 10 www.caf.fr

# Transport

### By plane

Ryanair and Air France fly directly from Dublin to Nantes; however, presently Air France's fares are very expensive.

Of course, there is also the option of flying to Paris from Cork, Dublin, and Shannon, and then proceeding to Nantes by TVG or by taking a connecting flight.

Nantes Atlantique Airport is located 8 kilometers southwest of the city, in Bouguenais. It's a regional airport which serves mostly domestic flights, though there are international flights as well connecting Nantes to the rest of Europe.

A shuttle bus runs every 30 minutes to the city center from Monday through to Saturday from 5.30am to 11.15pm.

On Sundays and bank holidays the shuttle runs every hour from 6.15am to 11.15pm. The Airport shuttle links the Nantes Atlantique International Airport directly to the Train Station in just 20 minutes and the city centre in just 26 minutes.

The fare is  $\in$ 7.

http://www.nantes.aeroport.fr/ANA/Page/Default.aspx

# By train

The main train station, Gare de Nantes, is located less than 1km from the centre of town. Several trains per day go to Paris (2 hours 10), Rennes (1 hour 30), St Nazaire (33 minutes in TVG), Lyon (4 hours 20); south to Bordeaux, Toulouse, Marseille, Montpellier, Nice; and to the centre to Tours and Clermont-Ferrand.

You can take a card of reduced fare for under-26, it will cost you €49 but it can be attractive if you want to travel and discover other cities in France.

Buses and taxis leave from in front of the station, and the tramway brings you to the city centre.

http://www.voyages-sncf.com/

### By car

You can reach Nantes by car from north (taking the A11 highway or N23/D4), south (taking the A62,A7 highway or N 102, N 147 and D 725), and east. A beltway goes around the city.

If possible, avoid driving between 8-10 AM and 4-7 PM, as the beltway is usually overcrowded.

### By bus

Eurolines provide bus service to the city. It exists also another bus service called LILA (Atlantic Line Coaches).

You can take a bus at this address:

Gare SNCF accès Sud

Allée Baco

5, allée Duquesne (cours des 50 otages)

http://www.loire-atlantique.fr/jcms/cg\_12377/fiches-horaires-lila

### **Getting Around Nantes**

Nantes is a relatively big city; however, most of the main attractions are located in the town centre. It is not recommended to use cars to get around. It is always a hassle to park, car parks are expensive, and there are often traffic jams in the small, old streets of the city.

Walking is the most efficient and economic method of transportat, and most of the town center is a pedestrian area. If you like sports, you can rent roller-skates or bikes. For example if you rent a bike for one month it is  $\notin 30$  and if you rent a bike for 3 months it decreases to  $\notin 20$  per month.

http://www.velos-nantes.fr/

http://www.bicloo.nantesmetropole.fr/

A small ferry boat, *Navibus*, goes from Trentemoult Roquios < > Gare Maritime and from Port Boyer < > Petit Port Facultés. It crosses the Loire River and the Erdre River.

Tickets can be purchased on the bus, but that can be expensive. You can use your ticket during one hour and change buses with the tickets bought on a bus. *It costs*  $\epsilon 1.50$ .

A 10-trip ticket will cost  $\in$ 12.30. You can use one ticket during one hour and change buses with the tickets bought on a bus.

You can also buy tickets that will enable you to use the bus network freely for 24 hours; those tickets cost  $\epsilon 4.20$ .

You can also buy a *billet mensuel for*  $\in 30.80$  *by month*. This pass is available to all persons under 26.

You can buy it in Internet at this address http://boutique.tan.fr/boutique/fiche\_produit.cfm?ref=11M26&type=1&code\_lg=lg\_fr or buy it in TAN vending machines, transport places or in TAN relays.

Before you buy your *billet mensuel*, you need to have another card and it is available on this address http://94.23.3.135/sam/inscription.php

You have to submit some information, to load a photo and you have to give a supporting document (passport, ID...) to prove you are fewer than 26.

Or you can complete this form and send it by mail. http://www.tan.fr/adminsite/objetspartages/liste\_fichiergw.jsp?OBJET=DOCUMENT &CODE=1242398057242&LANGUE=0

With your TAN Pass you can use the different buses, tramway, busway and navibus.

http://www.tan.fr/

# Sample Monthly Budget

Accommodation (First month+ deposit)	€300 (University residence)-
	€600(Private housing)
Electricity	€0
Phone bills	€50
Food	€160 approximately
Transport	€30.80 per month with TAN Pass
Travel	€50
A meal at one of the university restaurants	€3 (starter, main course and dessert)
Student life	€200

High speed inter-city train from Nantes to Paris: €26.50-43 if you have a 12-25 card which also costs €49 a year.

It will cost you €58.70 if you have no card.

You can buy 'Prem's' tickets on internet (€35 from Nantes to Paris). These are very cheap, but it is a good idea to plan your trip three months in advance. If you are lucky you can also find special deals.

http://www.voyages-sncf.com/

# **Admissions Procedures**

- 1. Your home university should announce your candidacy by mail to international.accueil@univ-nantes.fr
- 2. After your candidacy has been approved, you will receive a request for registration/application form.
- 3. The request for registration / application form is to be returned before 1 July.
- 4. Please consult the information on the University de Nantes's website for further guidelines.

# The closing dates are approximately:

First Semester: 30 April

Second Semester: 30 November

Université de Nantes - DRI Mobilité entrante BP 13522 44035 Nantes cedex 1

France

# Academic

### **Academic Calendar**

The first semester begins mid-September and runs until December. There is a two-week break for Christmas, but exams can be either in December or January.

The second semester begins at the end of January/start of February and runs until the exams in June. There is also a two-week spring break at the end of March/ start of April.

# French National Holidays:

All Saints Day: 1<sup>st</sup> November
Armistice Day 1918: 11<sup>th</sup> November
Christmas: 25<sup>th</sup> December
New Years Day: 1<sup>st</sup> January
Easter: varies with the church calendar
Labour Day: 1<sup>st</sup> May
Thursday Ascension Day: varies in May
Armistice Day 1945: 8<sup>th</sup> May
Whitsuntide: varies in June

National Day: 14<sup>th</sup> July Assumption Day: 15<sup>th</sup> August

### French Language Classes (DEFLE)

The University of Nantes offers courses to international students throughout the term year. These courses are free. They take place during 2 hours two times a week. You have to enrol at this office and show your student card of Nantes and your testimonial Ersmus' exchange:

Bâtiment du Tertre - bureau 147 de 10h à 12h et de 13h30 à 15h30

E-mail: irffle@univ-nantes.fr

Tel: 02 40 14 10 69

You can also prepare for the DELF and DALF exam during classes Saturday morning to 9.30a.m till 11.30 a.m. These classes are not free; you have to pay €100 per semester.

For more information, please go to:

http://www.irffle.univ-

nantes.fr/62831634/0/fiche\_\_\_pagelibre/&RH=1182939139055&RF=1182942842788

### **Technology Assisted Learning**

The University de Nantes is committed to using the most advanced technology available across campus. The university is trying to build a digital network that will connect all aspects of the college online to support teaching, learning, and administration.

Through the student portal, you can access your student email and administration, the library catalogue, and e-resources.

To more information, please go to:

http://www.univ-

nantes.fr/02147456/0/fiche\_\_\_pagelibre/&RH=1247218306948&RF=1247219304618

The "Cours and Labo de Langues" are state of the art and offer students the ability to fine-tune their language through e-learning. It is open Monday to Friday to 9 a.m. till 12 a.m. and 1.30 p.m. till 4.30 p.m. It takes place in the Maison Des Echanges Internationaux et de la Francophonie (MEIF), 15, chaussee de la Madeleine, Nantes.

Tel: +33 2 53 46 21 62

There is Wi-Fi in all the college campuses.

### **Library and Research Facilities**

The main library, *la bibliothèque universitaire de Nantes*, has collections covering all disciplines of the university. Located in Chemin la censive du Tertre, BP 32211,

44322 Nantes Cedex 3

Tél.: 02 40 14 12

There is also a documentary portal called Nantilus which permit to access to all the documentary resources.

There are specialist libraries in the "Bibliotheque universitaire de Nantes" organised by the subject or department they represent and they are:

- Library law and Economics
- Library Literature, Human and Social Sciences
- Library Health
- Library Sciences
- Library Technologies

### **Practical Information**

# **Residence Permit Application**

French law requires all foreign nationals to apply for a residence permit within three months of their arrival in France, even if you are an EU citizen.

At the beginning of the academic year, application forms are given to the international students by the International Relations Office, who assists them throughout the application procedure.

Requirements for the residence permit vary from one year to the next but students are likely to need the following documents for their application:

- photocopy of a valid passport: pages concerning personal information, nationality, date and place of issue
- 4 passport photos  $(3.5 \times 4.5 \text{ cms})$
- Nantes registration certificate (attestation d'inscription)
- Fiche d'état civil or a certified translation of your birth certificate
- Proof of sufficient financial resources: €5160 minimum for the academic year (certified from your bank and/ or student grant authorities, tax declaration....)
- Proof of adequate health insurance cover (e.g. EHIC/ European Health Insurance Card)
- Proof or residence in France, e.g. rent receipt (*quittance de loyer*) in your name or a photocopy of the identity card of the person with whom you are staying.

<sup>\*</sup>It is a good idea to have multiple copies of all these documents.

### **Health and Insurance**

EU students should bring a European Health Insurance Card (EHIC) obtained from the health insurance services in their home country. If medical expenses are incurred, this will enable the student to be reimbursed by the *Sécurité Sociale* offices. In case of hospitalisation, presentation of this form will exempt students from payment.

The Service Inter-University of Preventive Medicine and Health Promotion (SIUMPPS), offers free medical check ups, an immunisation service, a fitness certificate, and consultations with psychologists. You can see specialist physicians (gynaecologists, dermatologists etc). Family planning services and a counselling service are also available.

All care, immunizations, testing, and medical consultations are free upon presentation of the card.

110, Boulevard Michelet BP32238 44322 NANTES Cedex 3

Tél: 02.40.37.10.50 et 10.69

Fax: 02.40.37.10.68

Open Monday to Friday to 8.30 a.m. till 5.30 p.m.

Whatever their country of origin, the responsibility is on the student to take out insurance for such risks as accidents, repatriation, damage caused to third parties, etc.

Students in private rented accommodation are required to take out household insurance.

Organisations called *mutuelles* offer students all types of insurance at cut rate prices. There are numerous different *mutuelles*. For more information on the individual services they offer, simply search for "Nantes *mutuelles*" in any search engine.

### **Student Matters**

### **Student Societies**

There are numerous student societies in college. They are a great way to meet new people, indulge a hobby, or learn a new skill. The societies at University de Nantes vary hugely and cover areas such as language, culture, music, art, and humanitarian aid. To see a full list of the student societies and to get more information, please go to:

http://www.univ-nantes.fr/45289446/0/fiche\_\_\_pagelibre/&RH=ASSO

### **Sports**

The University de Nantes is fully equipped for most sports with a state-of-the-art gym, swimming pool, sports fields, track, and tennis courts.

Students can choose from activities supervised by instructors including: Swimming, Basket-ball, Handball, Rugby, Football, Volley-ball, Roller-hockey, Softball – Baseball, classical dance, contemporary dance, Argentine Tango, Step basic, Gymnastics, Athletics, Tennis, Golf, Badminton, Judo, Karate, Boxing, Rowing, Surf, Climbing, Trampoline, Bodybuilding, Sophrology...

The University also welcomes any international students who would like to try out for any of the sports teams.

To get more information:

http://www.univ-

nantes.fr/34969603/0/fiche\_\_\_pagelibre/&RH=1184342227961&RF=1184590345081

### Student's Union/Service de la Vie Etudiante

The House of Students (Service de la Vie Etudiante) is the equivalent to UCC's Students Union.

It is an office which helps the societies, helps the student initiative, permits the liveliness of the campus and can give you a lot of information.

It reflects the determination of the University de Nantes to give a stronger impetus and greater visibility to the involvement of students in the running of campus.

There is also the Pole Etudiant. Throughout the year, cultural activities like concerts, theatre, cinema, debates are organised.

Pôle étudiant Chemin de la Censive du Tertre BP 41214 44312 NANTES Cedex 3 Tél 02.72.640.440. Fax 02.72.640.456.

To get more information:

http://www.univ-

nantes.fr/90009/0/fiche\_\_\_defaultstructureksup/&RH=1182779566505

http://www.univ-nantes.fr/jsp/fiche\_pagelibre.jsp?CODE=88223255&LANGUE=0

# **Student Tips**

Erasmus is full of excitement and adventure, but also uncertainty and nerves. Although the International Education Office in UCC and the International Relations Department in Nantes will help you as much as possible, nothing can beat the experience of being in your shoes. So here are some tips and tricks from UCC students who have studied in Bordeaux.

### **Academic Matters:**

- Take the chance to learn new things.
- Try and take some courses that allow you to learn more about French life, culture, history, or literature. You'll never have quite the same opportunity in Ireland
- The fact French is your second language is not taken into account in exams.
- Before beginning your courses, talk to the instructors. It may be recommended for you to take higher or lower courses.
- There are many libraries on campus: one main library and each subject has its own smaller departmental library.
- Most French students generally only study one subject in their degree, not two.
- Keep up with your reading!

### Accommodation:

- Accommodation is basic, space is limited, and facilities are poor. However, it is adequate and has everything a student needs. Plus it's a great way to meet people, and much time is spent getting to know your neighbours.
- Bed linen is not supplied- a sleeping bag is handy when you arrive, and for travelling.
- Always look through the peephole before answering the door- security in the university halls can be lax, and you are responsible for your own personal safety.
- There is an accommodation shortage.
- Bring pictures of home to put on the walls.
- Bring a 2-pin plug for your Irish electrical products.

### Travel:

- Remember generally the earlier you book the flights, the cheaper they are.
- Some clubs organise really cheap day and overnight trips.

- If you are coming home for Christmas, it is a good time to bring back excess luggage.
- Taxis are very expensive.
- From Nantes, it is easy to travel all around France, as well as Europe, especially Italy and Spain. Plus it's near to the Atlantic Ocean.
- SNCF's under-26 discount is a good idea if you plan to travel by train. It will give you discounts up to 50%!
- Consider buying monthly or even yearly tickets for the trams, bus, etc. They will ultimately save you money.

### Bureaucracy:

- Bring multiple photocopies of any documentation you might need, including many copies of passport photos.
- Bear with the bureaucracy. It's probably more than you are used to in Ireland, but the majority of form-filling will be finished by the end of the first month.
- EU citizens do not need a Carte de Séjour.
- Patience is helpful.
- It is a good idea to carry some sort of ID with you at all times.

### Social:

- If you intend to join a sports club, it is advised to get a medical cert off your doctor before you leave Ireland.
- Join a student society.
- Buy local news papers and magazine, and listen to local TV, radio, and music.
- Immerse yourself in the culture!
- French students have a different manner than Irish students. Do not be offended if they do not come up to you it may take some time to get to know them.
- There is a great international student community.

### General:

- Bring a good French dictionary.
- Unlock your mobile phone before you leave Ireland if you want to put a French SIM card in it.
- Brings some books in English. Although you can buy some English language books in France, they can be expensive, and it is handy to have some for travelling and for when you first arrive.
- Look into phone cards. They are one of the cheapest ways to phone home.
- If you have a laptop and internet access in your accommodation, look into getting Skype or other internet phone packages.
- Set up Internet banking.