



Pre Arrival Information For International and/or Erasmus+ Incoming Students

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Dear Students!

ISMA university welcomes you in Riga!

We hope the time you are going to spend here will bring you many discoveries: you will meet new friends, try your independent life in a new country, will travel a lot and get plenty of impressions.

However, first goal of your participation in international studies / Erasmus+ is to study and this should be your primary concern upon arrival.

We (ISMA team) are here to help you!

We wish you a very fruitful and enjoyable study in ISMA!

Sincerely yours,

ISMA International Department

ISMA Erasmus Code: LVRIGA32

Studies available in following languages: English, Latvian, Russian

- **Useful links:**

Erasmus+ http://ec.europa.eu/programmes/erasmus-plus/index_en.htm

Erasmus + on Facebook <https://www.facebook.com/EUErasmusPlusProgramme>

ISMA webpage: <http://isma.lv/en/>

- **For International Incoming students:**

<http://isma.lv/en/for-international-students-1>

There you can find useful information:

- How to apply online
- Academic recognition
- Entry requirements
- Residence permit
- Schengen visa
- Education for the third-country nationals
- ... and much more! Follow the updates!

- **For Incoming Erasmus+ students:**

<http://isma.lv/en/for-international-students-1/11-reflektantiem/1908-exchange-students-erasmus-and-other-programmes>

- Information how to apply
- Application form
- Draft of Learning agreement
- Erasmus student charter
- Deadline for application
- List of study programs and courses (Business Administration, Tourism, Information Systems)
- ISMA academic calendar
- Accommodation in Riga
- Medical Help
- Contact details of International Relations Department
- Online courses of Latvian language
- ... and much more! Please follow the updates!





We had interviewed Incoming Erasmus students to discover how they did like their stay at ISMA.

- *Why have you chosen Riga as your Erasmus destination?*
- *Do you like it here? Are your expectations fulfilled or not?*
- *How are you feeling about our university?*
- *Do you have a culture clash?*
- *What do you expect from your staying here?*

Daniela from Romania:



- I have chosen Riga as my Erasmus destination because I wanted to visit and find out more about this part of Europe. **I never had the chance to visit any country from this region and this was a great opportunity.**

- At the beginning it was a little bit hard for me to accommodate here. The weather wasn't so nice and I didn't know too many people. But I think it was a matter of time. **Now I really enjoy Riga!**

- Yes, my expectations are fulfilled, and **this experience is better than I imagined.**

- **I like ISMA, teachers are professionals and colleagues are friendly. Also, the building is very nice and clean.**

- I don't have any problem concerning culture clash. Till now everyone has been **nice and opened to meet new people.**

- I expect **to improve my economic knowledge**, get in touch with many people from different cultures and visit as much as possible of this part of Europe.

Robert from Slovakia

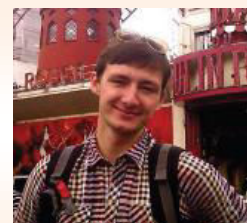
- I've chosen Riga as my Erasmus destination, because I didn't know so much about Baltic countries. **Riga is situated at the really great place and I have good opportunity to visit other countries around Latvia.**

- Yes, of course I really like Riga, I've met here lots of great people and the city is beautiful.

- **My expectations are full filled more than I expected.**

- Everybody here is very nice and everybody wants to get to know other people.

- **I expect to improve my English skills**, meet a lot of new people and visit every country what I could.



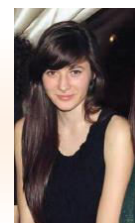
Gitana from Lithuania:



I have chosen Riga because it is possible to take classes in Russian here. I enjoy my time here and my expectations are fulfilled. **I like ISMA University for good teachers and friendly students.** And I don't have any culture clash.

Florentina from Romania:

I love the city and what it has to offer to the students, museums, opera, and theatre and do not forget the shopping centers and pubs. **I like that the teachers are trained and explain well to the students, even if it is in English. International department always helped us and thanks them for their patience.**



We hope you will like your stay too!



VISA and RESIDENCE PERMIT

Useful links:

Most updated info: Ministry of Foreign Affairs of Latvia <http://www.am.gov.lv/en/>

OCMA -The office of Citizenship and Migration Affairs

<http://www.pmlp.gov.lv/en/>

Monday 11:00 - 19:00

Tuesday 9:00 - 16:00

Wednesday 9:00 - 16:00

Thursday 9:00 - 16:00

Friday 8:30 - 14:30

phone: +371 67829750; e-mail: rigas1nod_pieraksts@pmlp.gov.lv

Čiekurkalna 1. Līnija 3, Rīga, LV1026, tram no 11, stop 2.Meža Kapi

**!!!FOR ERASMUS + or other EXCHANGE students
STUDENTS ONLY!!!**

1. For citizens of EU, European Economic Area States and The Swiss Confederation

- A registration certificate **is not necessary** if the student has a valid travel document and is planning to stay in the Republic of Latvia NOT LONGER THAN 12 MONTHS.
- Please check: passport or ID card should be valid at least **3 months after** departing FROM Latvia

2. For citizens of OTHER countries, who DO NOT need VISA to enter Latvia.

- **Residence permit** – is a document providing the foreign students the rights to reside in the Republic of Latvia for a definite period of time (a temporary residence permit)
- **Is necessary** if you are willing to reside in the Republic of Latvia for a period of time **EXCEEDING 90 DAYS** within **HALF A YEAR** counting from **the FIRST DAY OF ENTRANCE**

Third countries whose citizens may enter and stay in the Schengen area without visas	
Stay of up to 90 days in any 180-day period	
Albania* Andorra Antigua and Barbuda Argentina	Macau (Special Administrative Region of the People's Republic of China) Macedonia* Malaysia

Australia Bahamas Barbados Bosnia and Herzegovina* Brazil Brunei Canada Chile Costa Rica Croatia El Salvador Guatemala Honduras Hong Kong (Special Administrative Region of the People's Republic of China) Israel Japan Korea	Mauritius Mexico Moldova* Monaco Montenegro* New Zealand Nicaragua Northern Mariana Islands Panama Paraguay Saint Kitts and Nevis San Marino Serbia* Seychelles Singapore Taiwan ** The Vatican United States of America Uruguay Venezuela
* Only for holders of biometric passports ** Only for holders of passports which include an identity card number Source: http://www.mfa.gov.lv/en/service/4714/	

If you don't need visa to enter Latvia, what do you have to do?

- You may come to Riga and apply for residence permit personally
- You can apply in the Office of Citizenship and Migration Affairs
- As you can stay in Latvia no longer than 90 days within a half year you have to apply for residence permit **immediately upon your arrival** (the first 30 days) as it takes around 1 month for OCMA to proceed your application documents
- **After you arrive to Latvia**, please come to ISMA International Relations Department and ask for the INVITATION NUMBER for residence permit from your coordinator
- Make an appointment with OCMA
- When you come at OCMA
 - Take with you your passport (valid at least 3 months after departing from Latvia)
 - Submit residence permit application form (ask at ISMA IR department)
 - Copy of the passport
 - 1 photo
 - bank statement confirming that you have sufficient financial means to live in Latvia (at least EUR 320/ per month in your bank account)- original copy must be presented with a signature and stamp + credit or debit card affiliated to your bank account
 - document which verifies your place of accommodation in Latvia (rental agreement from your dormitory or a letter from the ISMA International Relations department confirming your stay at in campus hostel)





- a letter where ISMA International Relations department confirms that you are an exchange student at ISMA
- at OCMA your photo will be taken together with your fingerprints.
- Then you have to wait for the OCMA decision. **It takes approximately 40 days.** You can pay extra fee to foster the process. Meanwhile you have to prepare following documents to submit at OCMA:
 - Health Insurance police covering at least 43 000 EUR, valid for the entire stay in Latvia (original and copy). You can use police issued in your own country but it should be valid in Latvia. You can buy this police at ISMA International Relations department.
 - X-ray or fluoroscopic examination results. Closest clinic to ISMA is Bikur Holim, Maskavas street 122/128, Riga, LV1003, Latvia, working hours: daily 08.30 – 19.00, Saturdays 09.00-15.00, Sundays – closed
 - Make new appointment with OCMA and, take your passport, insurance police and X-ray results. Get the residence permit.
 - Present your residence permit to ISMA International Relations Department to make a copy or send a scan to your ISMA coordinator.

3. For citizens of OTHER countries. What to do if you NEED VISA to enter Latvia?

- Schengen visa for students who plan to study in Latvia can be issued maximum for 90 days within a half year
- This means after you arrive to Latvia you need to apply for a temporary residence permit during the visa validity period
- OR you can apply for residence permit for the whole study period DIRECTLY at the Embassy of Latvia abroad BEFORE you come to Latvia.
- Here is the list of Embassies of Latvia. Find if there is an embassy at your country:
<http://www.am.gov.lv/en/mission/>

How to apply for visa?

- If you already have Schengen visa inform your ISMA coordinator.
- To apply for visa you need **an invitation number**. Ask ISMA International Relations department to send it to you.
- You will need to show this number when you will submit the documents at the Embassy of Latvia
- At the Embassy students are usually asked to submit an application form, copy of passport, acceptance letter for studies issued by ISMA. At the invitation provided by ISMA is usually given in campus accommodation address.
- To get visa can take different time, depending on a season, from 1 to 4 weeks. On summer time it can take even more so we suggest you to apply well in advance.
- The duration of your visa is very important because in RIGA you will have to go to OCMA and submit additional documents to get residence permit within the validity period of your visa.

How to apply for residence permit upon arrival to Latvia?

- **After you arrive to Latvia**, please come to ISMA International Relations Department and ask for the INVITATION NUMBER for residence permit from your coordinator
- Make an appointment with OCMA
- When you come at OCMA
 - Take with you your passport (valid at least 3 months after departing from Latvia)
 - Submit residence permit application form (ask at ISMA IR department)
 - Copy of the passport
 - 1 photo
 - bank statement confirming that you have sufficient financial means to live in Latvia (at least EUR 320/ per month in your bank account)- original copy must be presented with a signature and stamp + credit or debit card affiliated to your bank account
 - document which verifies your place of accommodation in Latvia (rental agreement from your dormitory or a letter from the ISMA International Relations department confirming your stay at in campus hostel)
 - a letter where ISMA International Relations department confirms that you are an exchange student at ISMA
 - at OCMA your photo will be taken together with your fingerprints.
- Then you have to wait for the OCMA decision. **It takes approximately 40 days.** You can pay extra fee to foster the process. Meanwhile you have to prepare following documents to submit at OCMA:
- Health Insurance police covering at least 43 000 EUR, valid for the entire stay in Latvia (original and copy). You can use police issued in your own country but it should be valid in Latvia. You can buy this police at ISMA International Relations department.
- X-ray or fluoroscopic examination results. Closest clinic to ISMA is Bikur Holim, Maskavas street 122/128, Riga, LV1003, Latvia, working hours: daily 08.30 – 19.00, Saturdays 09.00-15.00, Sundays – closed
- Make new appointment with OCMA and, take your passport, insurance police and X-ray results. Get the residence permit.
- Present your residence permit to ISMA International Relations Department to make a copy or send a scan to your ISMA coordinator.



4. For citizens of OTHER countries who have valid RESIDENCE PERMIT OF OTHER EU COUNTRY

(for example, Algerian student with valid residence permit issued in Germany)

- You don't need VISA to enter Latvia
- BUT you can stay in Latvia only maximum 90 days
- This means you need to apply for a temporary residence permit in OCMA
- If your valid residence permit issued by another EU country expires before you come to Latvia you need to extend it
- OR to apply for visa to be able to enter Latvia



!!!FOR DEGREE STUDENTS ONLY!!

*degree students – students on permanent studies, NOT related with any exchange program

1. For citizens of EU, European Economic Area States and The Swiss Confederation

- If a EU citizen stays in Latvia for longer than 90 days:
- Within 90 days of the first day of entry a student has to apply for the registration certificate IN PERSON at the Office of Citizenship and Migration Affairs in Riga (Čiekurkalna 1. Līnija 3, Rīga, LV1026, tram no 11, stop 2.Meža Kapi)
- A registration certificate will be issued to a EU citizen without delay after submission of all necessary application documents:
- Valid passport or ID
- Application form <http://www.pmlp.gov.lv/en/home/services/residence-permits/applications.html>
- Study agreement
- Health insurance

2. For citizens of FOLLOWING COUNTRIES:

A citizen of Albania (only holders of biometric passports), Andorra, Antigua and Barbuda, Argentina, Australia, Bahamas, Barbados, Bosnia and Herzegovina (only holders of biometric passports), Brazil, Brunei, Canada, Chile, Costa Rica, Croatia, El Salvador, Guatemala, Honduras, Hong Kong, Korea, Israel, Japan, Macao, Macedonia (only for holders of biometric passports), Malaysia, Mauritius, Mexico, Montenegro (only for holders of biometric passports), Monaco, New Zealand, Nicaragua, Northern Mariana Islands, Panama, Paraguay, San Marino, Seychelles, Saint Kitts and Nevis, Serbia (only for holders of biometric passports), Singapore, Taiwan (Only for holders of passports which include an identity card number), Uruguay, USA, The Vatican and Venezuela

How to get a residence permit?

- If the positive answer about your acceptance as a degree student at ISMA is received:
- ISMA prepares an official invitation for the residence permit. Following documents must be submitted to the ISMA coordinator:
 - Passport copy
 - Date and place of birth
 - Citizenship
 - Home address
 - Address (will be indicated in the invitation by the coordinator)
 - Embassy of Latvia where student will submit the documents to get the residence permit (if the documents will be submitted before the arrival in the Embassy)
- After the invitation is approved and sent by ISMA coordinator to the student:
- **Student apply for residence permit at the Embassy of Latvia**
- **OR within 90 days as of the first day of entry at the OCMA in Riga.**

To apply for residence permit, the following documents are necessary to be submitted:



- Invitation number
- Residence permit application form www.pmlp.gov.lv/en
- Copy of passport (original must be showed at the Embassy). The passport should be valid at least 3 months after the final date of planned residence permit term
- 1 photo
- Confirmation of the necessary subsistence, **at least 320 EUR per month**
- Document which approves the accommodation place in Latvia
- Copy of the study agreement (original must be presented)
- Legalized documents on previous education which should be sufficient for studies at ISMA
- State duty payment check for the examination of submitted documents. Master, Doctoral students need to pay the state duty only if they wish to faster checking of the submitted documents (within 10 or 5 working days)
- The procedure takes **over 40 days**
- Student may receive the residence permit for studies in Latvia **for the period** on which the Student has paid his/her **study fee**.
- To **extend** the residence permit the documents must be submitted **not later than 40 days before** the validity of the current permit expires.
- Upon receiving the residence permit the student has to present health insurance which is valid in Latvia and a copy of statement on fluorography or x-ray results (original must be presented) issued by a competent institution in Latvia.

- *Health Insurance police covering at least 43 000 EUR, valid for the entire stay in Latvia (original and copy). You can use police issued in your own country but it should be valid in Latvia. You can buy this police at ISMA International Relations department.*
- *X-ray or fluoroscopic examination results. Closest clinic to ISMA is Bikur Holim, Maskavas street 122/128, Riga, LV1003, Latvia, working hours: daily 08.30 – 19.00, Saturdays 09.00-15.00, Sundays – closed*

3. For citizens of OTHER COUNTRIES. Only for degree, FULL TIME studies!

How to get a residence permit?

- If the positive answer about your acceptance as a degree student at ISMA is received:
- ISMA prepares an official invitation for the residence permit. Following documents must be submitted to the ISMA coordinator:
 - Passport copy
 - Date and place of birth
 - Citizenship
 - Home address
 - Address (will be indicated in the invitation by the coordinator)
 - Embassy of Latvia where student will submit the documents to get the residence permit (if the documents will be submitted before the arrival in the Embassy)
- After the invitation is approved and sent by ISMA coordinator to the student:



- **Student apply for residence permit at the Embassy of Latvia**
- **OR within 90 days as of the first day of entry at the OMCA in Riga.**

After the invitation is approved, the student submits the documents for the residence permit IN PERSON at the EMBASSY OF LATVIA which is not located in a Schengen country.

Exceptions:

- If the student has a valid residence permit in any of the Schengen countries, he/she holds a right to submit the documents in the Embassy of Latvia which is located in a Schengen country or at the OMCA in RIGA.
- **Master, doctoral students can arrive to Latvia with a Schengen visa and while the visa is valid, submit the documents for the residence permit at OMCA in Riga.**
- **In this case ISMA first will take the invitation for the Schengen visa and after student's arrival the invitation for the residence permit should be requested.**

To apply for the residence permit, the following documents should be submitted:

- Invitation document
- Residence permit application form (available at www.pmlp.gov.lv/en)
- Copy of passport (original must be showed at the Embassy). The passport should be valid at least 3 months after the final date of planned residence permit term
- 1 photo
- Legalized statement on criminal records issued by a competent institution of the citizenship of the host country if a foreigner has resided in that country longer than 12 months
- Confirmation of the necessary subsistence, **at least 320 EUR per month**
- Document which approves the accommodation place in Latvia
- Copy of the study agreement (original must be presented)
- Legalized documents on previous education which should be sufficient for studies at ISMA
- State duty payment check for the examination of submitted documents. Master, Doctoral students need to pay the state duty only if they wish to faster checking of the submitted documents (within 10 or 5 working days)
- The procedure takes **over 40 days**
- Student may receive the residence permit for studies in Latvia **for the period** on which the Student has paid his/her **study fee**.
- To **extend** the residence permit the documents must be submitted **not later than 40 days before** the validity of the current permit expires.
- Upon receiving the residence permit the student has to present health insurance which is valid in Latvia and a copy of statement on fluorography or x-ray results (original must be presented) issued by a competent institution in Latvia.

- *Health Insurance police covering at least 43 000 EUR, valid for the entire stay in Latvia (original and copy). You can use police issued in your own country but it should be valid in Latvia. You can buy this police at ISMA International Relations department.*
- *X-ray or fluoroscopic examination results. Closest clinic to ISMA is Bikur Holim, Maskavas street 122/128, Riga, LV1003, Latvia, working hours: daily 08.30 – 19.00, Saturdays 09.00-15.00, Sundays – closed*



Arrival Information

- **Orientation Meeting:**

Information Meeting for newly arrived International and/or Erasmus+ students is compulsory. Please follow the information provided by your coordinator.

For Incoming Erasmus + students:

- **Everything you have to bring with you to the meeting:**

- Original of your application with the photo
- Learning agreements (2 originals, signed and stamped by your sending university and signed by you)
- Certificates of arrival (if requested by your sending university)
- 10 EUR for ISIC *
- 1 photo (3x4) for ISIC
- 2 EUR for notification of study (this will be necessary to get student`s transportation card)**

**ISIC will be ready within the next day. Please pick up in Student`s Parliament. The price of ISIC is 7.50, and you will get 2.50 on your account to use at library for printing and copying. Later you can refill your card at the reception. ISIC is also necessary as an electronic key to enter our auditoriums. ISIC is International students Identity Card which gives you many discounts and privileges in Riga.*

***Notification of study will be ready within the next day. Please pick up at Study Department. This is a confirmation of your studies at ISMA that you have to submit at Rigas Satiksme (Riga Public Transportation office) altogether with ISIC to get E-Talons (student`s transportation card).*

- **During the Meeting:**

- During the meeting we`ll be introduced to each other, International and/or Erasmus+ students will get basic knowledge of how life in ISMA is going on, you will be provided with information regarding your stay and will become familiar with a timetable of the upcoming semester.
- Learning agreements and certificates of arrival will be signed by the receiving university (ISMA).
- Payment for ISIC and notification of study altogether with photo will be collected during the meeting and requested documents will be issued within the next week.
- ISMA WIFI password will be provided for free.
- You`ll get authorization login and password to internal materials at www.isma.lv
- Additional language courses (Russian or Latvian) will be available for application during the meeting.

- **Additional Language courses, 35 EUR per month:**

If you`d like to study Elementary Russian or Elementary Latvian you **have to apply during the orientation meeting**. A certificate will be provided after end of studies, total 3 months, 1 class per week. The course will be provided if **no less than 5** students will accept their participation at each course.

How to Get Here:

➤ By plane:

Riga International Airport website:

<http://www.riga-airport.com>

To get by taxi to ISMA will cost 15-17 EUR

You can also take bus Nr 22 at the airport (tickets available in the bus, cheaper tickets you can find at kiosks) and go straight to the Central Market stop (approx. 30 min), then change to trolleybus Nr 15 and proceed till the stop Lomonosova str. (approx. 10 min)

➤ By bus or by train (Central Bus station or Riga Train Station (also known as Origo shopping center):

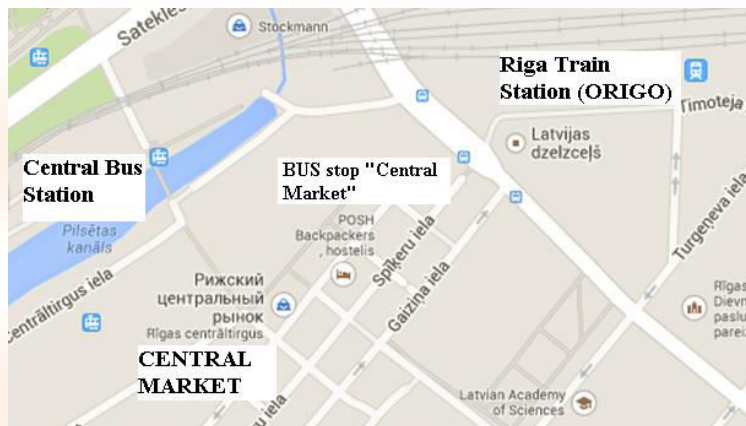
Bus station – cross the Central Market by foot and you will find city bus stop Central Market (Centrāltirgus). Then take trolleybus Nr 15 till the stop Lomonosova str.



Balvu iela).

- Please use public city transportation website for your convenience when planning your way:

<http://saraksti.rigassatiksmel.lv/index.html#riga/en>



Or when you'll go out of the bus station you will see tram stop across the channel, on your right. Take tram Nr 7 or 9 (till the stop Balvu str.)

Train Station – go through Station tunnel A or B and then pass the underground tunnel which leads to the Central Market. There you will find bus stop Central Market (Centrāltirgus).

Public city transportation:

ISMA is located by the following address:

Lomonosova street, building 1/6 (administrative) and building 1/7 (auditoriums), Riga, LV1019, Latvia.

- You can get here by trolleybus 15, bus 18, minibus 216 (stop Lomonosova Street).
- You can also reach ISMA by trams 7, 9 (stop





Accommodation

ISMA address: 1/6 Lomonosova str., Riga, LV 1019.

There are 2 in-campus dormitories located in the vicinity: Apalenis and Prima. Please note: a room must be booked well in advance before your arrival as those dormitories are popular among students and have limited availability of accommodation. ISMA doesn't book a room for you; it's your own responsibility. However you can always ask your ISMA coordinator for help and consultation.

IN CAMPUS ACCOMMODATION:

- **Apalenis**

PRICE FROM 110 EUR per person per month.

www.studenthotel.lv

<http://www.hotelapalenis.lv/en/roomsandrates.html>

office@hotelapalenis.lv

+371 67100574

Lauvas 2, Riga LV1003

Please note, if you come to dormitory Apalenis during the night time or during weekends, as they don't have reception open at this time you will be unable to check in.

For this purpose you have to book additional night / nights at the HOTEL Apalenis which is located in the same building as the dormitory. After the weekend you will be able to move to the dormitory.

Apalenis is located within the same bus stop Lomonosova str as ISMA (trolleybus 15, tram 7, 9, stop Balvu str). It is 3 minutes by foot from dormitory to ISMA.



- **Prima**

PRICE FROM 100 EUR/in TRPL, 130 EUR – 150 EUR in DBL, 270 EUR/SGL per person per month.

<http://www.visitlatvia.lv/en/hostel/prima>

prima@lu.lv

+371 67112260

Reznas 10/k1, Riga LV1019

Prima is located on the next trolleybus stop (Reznas str, trolleybus 15 or tram 7, 9 stop Lubanas str)

If you arrive by trolleybus, cross the street and move straight by Reznas street. Then you will see on the right modern grey color building. This will be Prima dormitory (entrance in the yard).

If you arrive by tram, move forward till the intersection with Reznas street. Go up this street till you'll see the dormitory.

If you arrive by night / during weekends, please make sure the reception is working in advance!



Other accommodation possibilities:

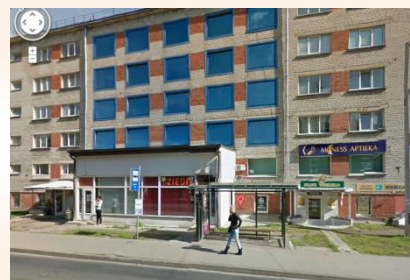


- **Prusu nams**

PRICE FROM 130 EUR per person per month (and you have to mention that you are ISMA student).

Prūšu iela 25, Rīga. Prusunams.viesnica@inbox.lv

There are 4 rooms apartments, 2-4 beds in each room. Bus stop Bultu iela (trolley bus 15), it's about 15 minutes from ISMA by bus; the dormitory is located out of city center, at Kengarags district.



- **Villand Hotel**

PRICE FROM 130 EUR per person per month

www.villandhotel.lv

info@villandhotel.lv +371 27125490 Viljanu str. 22, LV1003 Riga

This private mansion is located within walking distance from ISMA. Trolley bus 15, stop Vilanu iela.

- **Fire Fighter Hostel**

PRICE FROM 6 EUR per person per day. Long stay prices – upon request.

info@firefighter.lv <http://firefighter.lv> +371 22037657

Maskavas 156/158 LV1003 Riga

This small hostel is located within walking distance from ISMA. Trolley bus 15, stop Lomonosova iela or Tram 7, stop Maza Kalna iela.



➤ Riga Old Town hostels.

There are many hostels located in the Old Town or the very center of Riga. Some of them:

- **Big Bed Hostel**

Prices starting from 8 EUR per day. Long stay prices – upon request

bigbedhostel@gmail.com +371 227554499 Merkela street 1, LV1050 Riga.

Bigbedhostel.com

- **Doma Hostel**

Price 165 -200 EUR per person per month depending on a room type (DBL-QDRPL)

Info@domahostel.lv www.domahostel.lv +371 67213101 www.facebook.com/domahostel

Maza Jaunavu iela 8, LV1050 Riga.

The very central hostel located close to Dome Cathedral in the heart of the Old Town.

✓ Other hostels in Riga:

<http://www.hostels.com/riga/latvia>

✓ You can use Riga City transportation map for better convenience:

<http://saraksti.rigassatiksmel.lv/index.html#riga/map.page/en>



➤ Private accommodation:

If you wish to find a private apartment, we suggest you to use real estate services or find an apartment by yourself at a Facebook group. Useful information you have to know: in Latvia we don't count bedrooms, we count total amount of all rooms, and this is what you suppose 1 bedroom apartment- here in Latvia is supposed to be 2 rooms apartment (living room + bedroom). We also count floors starting from a ground floor, so there is no 0 floor, it always will start from the 1st floor. Usually the price for centrally located apartment with 2 rooms starts from 400 EUR + utilities, 3 rooms from 700 EUR. It is common practice that you'll be asked of a deposit (1 month usually) and 1 or 2 months to pay in advance. In this case it is much cheaper to share an apartment with other students. Usually students prefer to be accommodated within the Riga Center. In this case transportation to ISMA will take 15-20 minutes by trolleybus or tram.

- ✓ Real estate agency specialized on international students: ART ESTATE, amirans@artestate.lv, art-asatrjan@artestate.lv
- ✓ International Students **FACEBOOK** forum about private accommodation in Riga:
 - **Riga Student's Apartment Market**
 - **Riga Student Market** – different sale offers from international students
- ✓ Erasmus students' forum about private housing in Riga: <http://erasmusu.com/en/erasmus-riga/student-housing>
- ✓ Latvian web portal with private rent of accommodation (only LV and RUS languages) <http://www.ss.lv/ru/real-estate/flats/riga/>
- ✓ **!!!Please note that safety of private accommodation and its preliminary booking is not guaranteed by ISMA!!!**

Additional information:

- ❖ ISMA as an institute doesn't provide students with accommodation.
- ❖ It's your own responsibility to contact closely located dormitories (Apalenis and Prima) or others and book your stay there. However if you might experience any problem, we can help in contacting them.
- ❖ After you'll book your stay you have to inform us.
- ❖ After you'll book a flight you have to inform us as well.
- ❖ If you need, ISMA may ask a buddy student to meet you in the airport / bus terminal (for ERASMUS students only). However ISMA doesn't guarantee the buddy will go there to meet night or weekend flights/ arrivals. In this case we strongly suggest you to use a taxi.
- ❖ You can book any other private accommodation by your own but ISMA doesn't guarantee your safety there, it's your own responsibility. However please note the district where our university is located is called KENGARAGS and it is in 15 minutes by trolleybus nr 15 or by tram nr 9 to the very city center.
- ❖ Before to come to Latvia you have to get insured for all your stay here.

Approximate cost of living in Riga

PER MONTH	FOR 1 PERSON, EUR	Notes
Living in a double room in a dormitory	100-150 EUR	Utilities and Internet usually are included
Living in a private apartment (2 or 3 rooms, 400-700 EUR total)	200-250 EUR	Utilities are not included. During months of november – april central heating to be paid additionally, average utilities bill 120-160 EUR for an apartment. Internet 12-25 EUR
City public transportation	Student monthly pass for 1 transportation type 1 route 10 EUR, for all routes 16 EUR Updated info at https://www.rigassatiksmes.lv/en/	ISIC and special notification from ISMA should be obtained in advance (10 EUR) to get transportation card (E-talons)
Food	from 120 EUR	
Entertainment, travelling		
Cinema ticket	from 5 EUR	
Round trip to Tallin by bus	from 32 EUR	
Approximate expenses per month, total:	from 280 EUR	

ISIC

- International Student Identity Card is a document which confirms your student status at ISMA.
- It is necessary to get ISIC not only for this purpose:
- We use ISIC in ISMA as a key to enter our auditoriums. Students without ISIC are unable to enter.
- You can use ISIC as a credit card to print all your necessary documents, to scan and copy at our library. Just ask a receptionist to put your money to your account.
- To get ISIC you have to leave the payment and photo during our Orientation Meeting.
- ISIC will also give you many discounts in Latvian stores, cinema, and restaurants. Additional info: <http://isic.lv/ISIC-un-ITIC-atlaides-Latvijā&cityID=1&cardID=1&search=true>
- ISIC is necessary to hold with your Student's Transportation Card, to prove you are a student and require a discount.



Transportation Card

As a student of ISMA you can get public city transportation card with a discount.

How to get Student's Transportation Card?

1. Bring ISIC where is written that you are ISMA's full time student + photo
2. Notification of study issued by ISMA
3. Photo 3x4
4. Go to Riga Public Transportation Customer Service Offices (at Central Bus Terminal, or at Central Market, see locations <http://www.rigassatiksm.lv/en/tickets-and-e-ticket/ticket-trade-outlets/>)
5. Ask there for Personalized E-Ticket for Students
6. Fill out the questionnaire, show your ISIC, notification of study, photo 3x4
7. Receive your Personalized E-Ticket for Students
8. Put a deposit on this card. Here you can see ticket's prices for Students: [http://www.rigassatiksm.lv/en/tickets-and-e-ticket/types-and-prices-of-tickets-\(from-01-01-2014-\)/ticket-for-certain-number-of-trips/](http://www.rigassatiksm.lv/en/tickets-and-e-ticket/types-and-prices-of-tickets-(from-01-01-2014-)/ticket-for-certain-number-of-trips/)
9. Every time you enter the Public Transport (Buses, Trolleybuses, Tramways) you must validate your tickets in terminals.
10. When your deposit will be over, you can fill this card in almost any kiosk of the country.





Mobile Connection

The simplest way to get mobile connection in Latvia is to buy a prepayment card.

There are different providers in the country:

- Tele2 (Zelta Zivtiņa prepayment card) (tele2.lv)
- LMT (Okarte prepayment card) (lmt.lv)
- Bite (Bite prepayment card) (bite.lv)
- Other prepayment cards (Amigo etc.)

Start complex may be bought in any of cell phone provider's offices and also in almost any kiosk of the country, in supermarkets etc.

You can fill prepayment cards later online, in kiosks, in cash desks of the supermarkets.

Internet:

- You can ask for **mobile internet modems** in those offices as well.
- Free WiFi is provided in the premises of ISMA for our students.
- You can use PC at ISMA's library for free.
- Many restaurants and coffee shops are equipped with free WiFi in the country.
- Free Lattelecom WiFi in Riga: <http://lattelecom.lv/ru/dlya-doma/internet/besprovodnoy-internet/karta>



STUDIES AT ISMA

- Upon arrival you'll be joined to International Students and/or Erasmus + mailing list. Please check your email regularly to be informed about timetable changes, new events and other opportunities.
- Your timetable will be issued to you upon your arrival.
- If you need to contact any lecturer or would like to know his/her consultation time, please ask your international coordinator (office 103) or at study department (office 102).
- Please follow ACADEMIC CALENDAR
<http://isma.lv/en/for-international-students-1>

A full study year in Latvia equals to 40 Latvian Credit Points (40 LV KP) or 60 ECTS credits.

1 LV KP = 1.5 ECTS

- Learning methods: lectures, exercises, discussions, written individual and group assignments, presentations etc.
- Examinations: the teacher informs the students about the date and time of the examination. Student can meet teacher during his/her consultation hours to receive additional information regarding the examination process.
- Students must be able to provide their ISIC or ID when taking examination.
- If student fails the exam or wishes to improve his/her mark it is possible to pass the exam once again free of charge during session time. All other tries should be covered by payment.
- Some subjects can be evaluated by final test. This test can be with (Test: differentiated grade) or without evaluation grade (Test: Passed)
- After the exchange, the student will be provided by transcript of records (certificate), confirming study process and obtained evaluation
- Assessment grading:

Achievement level	Grade	Meaning	Approx. ECTS grade
very high	10	<i>izcili</i> (with distinction)	A
	9	<i>teicami</i> (excellent)	A
High	8	<i>ļoti labi</i> (very good)	B
	7	<i>labi</i> (good)	C
Medium	6	<i>gandrīz labi</i> (almost good)	D
	5	<i>viduvēji</i> (satisfactory)	E
	4	<i>gandrīz viduvēji</i> (almost satisfactory)	E/FX
Low	1-3	<i>negatīvs vērtējums</i> (unsatisfactory)	Fail

Pass – the test is passed (equal to 4 and higher)

Timetable

Morning stream (Monday - Friday)	Evening stream (Tuesday, Thursday)	Evening stream (Saturday)
1. 08:30 - 10:00	1. 17:30 - 19:00	1. 09:00 - 10:30
2. 10:15 - 11:45	2. 19:10 - 20:40	2. 10:40 - 12:10
3. 12:15 - 13:45	3. 20:50 - 22:00	3. 12:40 - 14:10
4. 14:00 - 15:30		4. 14:20 - 15:50
5. 15:40 - 17:10		5. 16:00 - 17:30



In most of the cases International and/or Erasmus+ students have to follow MORNING stream timetable.

- **International Students:** if you need to change/add some subjects from your timetable you have to discuss that with study department first. In most of the cases you will be given of individual study plan.

➤ **Erasmus + information only:**

- To change subjects, delete or add: **WITHIN A MONTH UPON YOUR ARRIVAL**
- To decide to stay for 2nd semester: **WITHIN A MONTH UPON YOUR ARRIVAL**
- To pass examinations, submit works: **ONLY TILL THE END OF SESSION TIME.** No later submissions or corrections are accepted!
- Lectures attendance is obligatory. If you decide to miss a lecture, you must inform **IN ADVANCE** a teacher directly or International Relations Department.
- Please note your timetable could be changed within a month upon your arrival. You'll be informed by email – check it regularly.
- Please make sure all your documents (Learning agreement etc) are submitted to International Department and signed by 3 parties.

➤ **How to Work with the Timetable?**

The timetable may seem a little bit complicated but it is very well organized indeed. Please look carefully how it is organized because your own timetable will be looking very similar to that. We'll provide you with detailed explanations during our Orientation Meeting.

Study Month	Number of the week in the study year										Day of the current month				Apstiprinu ISMA mācību darba prorektors				National Holidays: no studies this day													
I. semestris																		I.Linde														
Monday	Odd week										Couple week																					
	1		3		5		7		9		11		13		15		2		4		6		8		10		12		14			
	September				October				November				December				September				October				November				December			
	02		16		30		14		28		11		25		09		09		23		07		21		04		18		02			
Week day	1	English: Professional Course 217 As.prof. J.Koryuhina										English: Professional Course As.prof. J.Koryuhina 217								European Economic Integration Rjaschenko												
2	Strategic Management As.prof.V.Rjashchenko 216										Strategic Management As.prof.V.Rjashchenko216																					
Tuesday	03	17		01		15		29		12		26		10		10		24		08		22		05		19		03				
Wednesday	1	Total Quality Management Assistant professor I.Linde 217										Computers, Informatics and Fundamentals of Programming As.prof. K.Hamruna 301																				
	Civil Defence Lekt. Z.Kleshchevnikova 218 Accountancy and Record Keeping As.prof. K.Hamruna 313										English for Management As.prof. J.Koryuhina 219																					
											Marketing As.prof. J. Dehtyre 219																					
											Higher Mathematics As.prof. E.Shidlovska 215																					
3											Innovation Management As.prof.V.Rjashchenko217								This subject will take place only 10/09, 24/09, 08/10, 22/10													
Thursday																																
Friday																																



➤ **ISMA Contacts**

- ❖ Please feel free to contact **International Relations department** while your studies in ISMA. We are located at the building 1/7, 1st floor office 103.



Olga Verdenhofa

Head of International Relations Department

Phone +371 67100537, fax +371 67241591 olga.verdenhofa@isma.lv



Jevgenija Dehtjare

Erasmus Coordinator

Phone +371 67100537, fax +371 67241591 jevgenija.dehtjare@isma.lv

- ❖ **Study department** is located next door, office 102. Here you can get information about teacher's consultation hours and examination dates.

➤ **ISMA Website**

www.isma.lv

- ❖ please look to lower right corner of the main page
- ❖ you will find there authorization request
- ❖ password and login will be provided during our Orientation meeting
- ❖ fill it in and log into the system
- ❖ look to the left corner. There you will find INFORMATION FOR THE STUDENTS:
 - Downloads and resources
 - Time of Lessons
 - Organization plan of study year
 - International programmes
 - Examinations and tests
 - ISIC cards
 - Qualifications, Bachelor's, Master's works
 - Courseworks
 - Courses
 - Timetables
 - Practice
 - Preparatory Faculty
 - Certificates
 - Newspaper "ISMA News"

We will also inform you about changes in your timetable, student events etc. by email.

However you are invited to enter our website regularly as this will allow you not to miss plenty of opportunities for students!

➤ **Moodle**

Students can request for registering in Moodle. This will let you to receive necessary materials for your studies located in this internal online system. Moodle also allows distant learning.

Student`s Life

- **Student Parliament** is located at the office 113. You are very welcome there! Student Parliament members will inform you about many events they organize, feel free to participate in our busy student`s life!

We do student`s parties, visit museums, travel together and celebrate “la vida loca” at our Spanish Club! Everyone is invited!



- **Sport.** There are 2 sport sections available for ISMA students. Volleyball section is held twice a week, on Mondays and Fridays, it's free for all students and everyone is invited. The volleyball hall is located close to ISMA. Football section – due to large interest participation is according to the interview held by coach. Please ask for both opportunities at ISMA International Relations department.
- **Festival.** ISMA holds international festival every year at the Congress Hall of Riga, supported by Riga City Council. If you got a talent to sign, dance or to make other kind of a show – you`re invited to participate!
<http://festivals.isma.lv/index.php?lang=en>



Medical Help for International Students

!!! 03 or 113 - emergency medical service!!!

There are several hospitals, clinics and daily doctorates located in vicinity of ISMA. We suggest you “Dziednieciba” as they have doctors on duty, available daily (except Sundays). Here is information you might need:

MFD Outpatient Hospital Dziednieciba

Website in English: <http://www.mfd.lv/en/veselibas-centrs-dziednieciba>

Location on the map:

<https://maps.google.com/maps?hl=ru-LV&gbv=2&um=1&ie=UTF-8&fb=1&gl=lv&q=Ru%C5%A1onu+iel+15,+R%C4%ABga,+LV-1057&sa=X&ei=cohPVPnlCaXGygOw-oDIAQ&ved=0CBMQ8gEoATAA&output=classic&dg=brw>

Address: Rušonu iela 15, Rīga, LV- 1057, Latvija

Phone +371 67131313 email info@mfd.lv

Working hours: Daily 07.00-21.00

Saturdays 08.00-15.00

Sundays closed

How to get there from ISMA:

Trolley bus Nr 15 to the bus stop PASTS (post office)

Tram Nr 7 or 9 to the stop Rušonu iela



- **FOR EU citizens**

Don't forget to take your European Health Insurance card (EHIC)! Make sure it is valid before to come to Latvia.

Show it to a doctor or at a cash desk BEFORE paying! Then you get a discount and pay the same price as local patients.

- **FOR NON EU citizens**

It is a must to have health insurance issued before your arrival to Latvia. Please make sure it is valid during all your stay here. It should include:

- emergency medical assistance costs;
- treatment costs of growing chronic illness;
- transport costs to the closest medical facility providing the Services mentioned above;
- transportation costs to return the patient to his/her home country in the case of a serious illness or death.

If your insurance policy doesn't include one of those options or is expired during your stay, you can get a new one at ISMA international relations department. We have contracts with several insurance companies in Latvia.



- In case if you need any medical help, you have to contact toll free phone number which is indicated at your police. An operator will suggest you a clinic or a hospital this company is working with and explain what you have to do next.
- In case if you need any medicine - there is a pharmacy in front of ISMA (at Rimi supermarket). Pharmacy in Latvian is called "APTIEKA".



What to do in Latvia

Riga as a capital of Latvia offers plenty of opportunities for colorful student's life.



ISMA's Student's Parliament regularly organizes many events for our students, such as disco at Just club, get together meetings for international students, sport events and others. We invite you to get connected.

We suppose your student's life in Riga will be quite busy. That's why please taking into attention some safety advices provided by Latvia.travel:

Of course, as in any other country, one should also take care and observe elementary safety in Latvia, such as to avoid conflicts and to keep out of trouble. It is advised not to leave one's bags unattended. One should be careful in crowded places. For example, there can be pickpockets in Riga in the pedestrian tunnels near the Riga Bus Terminal and Central Train Station; pickpockets should be watched out for in public transport. You should also be sure that nobody is following you. Keep your money, credit cards, and cameras close so that nobody can easily get to your belongings. You can use a hotel safe to store valuable goods. Do not leave anything valuable in a car and use a secure lock when travelling by bicycle. It is also better to withdraw money from ATMs in a bank or a hotel, not on the street.



It is better to travel at least by two. Do not leave your bags unattended in restaurants, pubs or any other place. The following rule should be observed in any country – do not leave your glass unattended. If this happens, it is better order a new drink.

Ignore fortune-tellers, do not talk to hustlers. Ignore drunken, aggressive passers-by. In order to avoid fraudulence or misunderstandings in pubs, ask for the menu first and check the prices. If unknown women want to accompany you in a café, it is best to avoid striking up a friendship – they can order very expensive cocktails and share the profit with the pub.

The Old City of Riga is much safer because of video surveillance, allowing police to quickly identify violations and arrive at the place of an incident. You can enjoy the nightlife of Latvia quite safely, though do moderately. When paying by bank card, do not let the card leave your sight and pay attention to the amount on the receipt.



!!! We also suggest you to scan/to make photo of all your personal documents (pass, ID, driver licence, return flight ticket, insurance police etc.), download them to your PC/smartphone and send to your own email account. Keeping your documents online you can get and print them any time!!!

10 Reasons to visit Riga:

1. Riga is a cultural capital of the Baltics. Theatres, Opera, Cinemas, events are taking place daily!
2. Riga – symbol of Art Nuveau. You must visit Alberta street district to see magnificent buildings of this époque. It is also famous with its medieval Old Town located in the very heart of the city.
3. Riga is a gastronomy paradise. Visit famous LIDO recreation center which is located in a walking distance from ISMA!
4. Riga offers you plenty activities! Did you know what Aerodium is? This is your way to fly like a bird! (www.aerodium.lv)
5. Riga is more than 800 years old!
6. Riga is city for wellness and SPA. Visit ESPA in Latvia hotel or Joker club or other famous spa centers.
7. Riga is a paradise for shoppers. We have plenty shopping centers, as Alfa, Origo, Galerija Centrs and Mols which is located in a walking distance from ISMA.
8. Riga is located in the middle of Baltics. From here you can visit Tallinn (capital of Estonia) and Vilnius (capital of Lithuania) as well as many other cities (such as St. Petersburg or Moscow) getting there by bus, train or plain.
9. Riga is located in 30 minutes by train from Jurmala – city by the sea. Many SPA, hotels and restaurants are located there. Our beaches are probably the best in Europe. (however the sea temperature is rather low..)
10. Riga is multinational city. People talk many languages here, such as Latvian, Russian, and English. Many students throughout the world come to study here. Come here and you`ll definitely find new friends!



Some events should not be missed in Latvia:

- Christmas Markets in the Old Town – starting from November
- Ice Sculpture festival in Jelgava will take place February
- Meteņi – Latvian culture celebration at Ethnographic Museum in Riga, February
- Tropical Month at Riga Zoo – February





- Sigulda Winter Festival
- Ligo – Midsummer Night, June 23rd

What to see in Latvia:

- ❖ Riga with its Art Nuveau district and Old Town
- ❖ Jurmala sandy beaches
- ❖ Sigulda with its medieval castle
- ❖ Rundale with its baroque palace
- ❖ Liepaja with its military fortresses
- ❖ Ventspils with its port
- ❖ Cesis – small medieval city



More information at www.Latvia.travel
and www.liveriga.com

What to see in Baltics:

- ❖ Tallinn – capital of Estonia, 1 -2 days trip
- ❖ Tartu – city in Estonia with AHHA museum, water park and ancient history, 1 day trip
- ❖ Parnu – city by the sea in Estonia with plenty of SPA hotels, 1 day trip
- ❖ Vilnius – capital of Lithuania, 1-2 days trip
- ❖ Trakai – city in Lithuania with medieval castle, 1 day trip
- ❖ Klaipeda, Palanga, Nida – cities by the sea in Lithuania. Palanga is disco paradise, Klaipeda is historical city, Nida is located on the Curonian Spit – narrow strip of earth between the bay and the sea, 2-3 days trip.



➤ Useful Phone Numbers:

Tourist Hotline 1188

Toll Free emergency line for all cases 112

01 - Fire department

02 – Police

03 or **113** - emergency medical service

04 - Emergency gas service

Latvian phone prefix code: +371

Fixed lines starts with 6 (+371 6 7 123456)

Mobile lines starts with 2 (+371 2 9 123 456)

Calling outside Latvia: 00 - state prefix as 34 for Spain – phone number

Lost credit card: +371 67092555

Psychological help in crisis situations: +371 67 222922

SOS search and rescue works at sea: +371 67323103

Emergency unlocking of car locks and doors: +371 292 12 680



➤ English – Latvian Dictionary

Hello (*to a woman*) Sveika! (SVYEH-kah)
 Hello (*to a man*) Sveiks! (SVEH-eeks)
 How are you? Kā jums klājas? (kahh yooms KLAHH-yuhs?)
 Fine, thank you. Labi, paldies. (LAH-bee, PUHL-dyehs)
 What is your name? Kā jūs sauc? (kaah yoos sowts?)
 My name is _____. Mani sauc _____. (MAH-nee sowts _____.)
 I'm pleased to meet you. Prieks iepazīties. (pryehks EA-puh-zee-tyehs)
 Please Lūdzu. (LOO-dzoo)
 Thank you Paldies. (PUHL-dyehs)
 You're welcome. Lūdzu. (LOO-dzoo)
 Yes. Jā. (yahh)
 No. Nē. (neh)
 Excuse me. Atvainojiet. (UHT-vay-noh-yeh)
 I'm sorry. Piedodiet. (pyeh-DOH-dyeh)
 Goodbye Uz redzēšanos. (ooz REHD-zehh-shuh-nohs)
 Goodbye (*informal*) Atā. (UH-tahh)
 I can't speak Latvian [well]. Es nemāku latviešu valodu [labi]. (ehs neh-MAA-koo luht-VYEH-shoo vuh-LOH-doo [luh-bee])
 Do you speak English? Vai Jūs runājat angliiski? (VUH-ee yoos ROO-nyaah UHN-glys-kee?)
 Is there someone here who speaks English? Vai te ir kāds, kurš runā angliiski? (VUH-ee teh eer kaads, kursh ROO-naa AHN-glys-kee?)
 Help! Palīgā! (PUH-lee-gaah!)
 Look out! Uzmanies! (OOZ-mah-nyehs!)
 Good morning Labrīt (luh-BREET)
 Good day Labdien (luhb-DYEHN)
 Good evening Labvakar (luhd-VUH-kuhr)
 Good night (*to sleep*) Ar labu nakti. (uhr LUH-boo NUHK-tee)
 I don't understand. Es nesaprotu. (ehs NEH-suh-proh-too)

Where is the toilet? Kur ir tualete? (koor eer TWAH-leh-teh?)
Problems
 Leave me alone. Ej prom. (ey proh-m)
 Don't touch me! Neaizskar mani! (neh-AYZS-kahr MAH-nee)
 I'll call the police. Es izsaukšu policiju. (ehs EEZ-sowk-shoo poh-LEE-tsyo)
 Police! Policija! (poh-LEE-tsya)
 Stop! Thief! Ķeriet zagli! (KYEH-ryeht ZAH-gee)
 I need your help. Man vajag jūsu palīdzību. (mahn VAY-ahg YOO-soo pah-LEE-jee-boo)
 It's an emergency. Ir avārijas situācija. (ihr ah-VAA-ryahs see-TWAA-tsya)
 I'm lost. Esmu apmaldījies (male)/apmaldījiesies (female). (EHS-moo ahp-MAHL-dee-yehs/ahp-MAHL-dee-yoo-syehs)
 I lost my bag. Es pazaudēju savu somu. (ehs pah-ZOW-dehh-yoo SAH-voo SOH-moo)
 I lost my wallet. Es pazaudēju savu maku. (ehs pah-ZOW-dehh-yoo SAH-voo MAH-koo)
 I'm sick. Esmu slim (male)/slima (female). (EHS-moo sleems/SLEE-mah)
 I've been injured. Es esmu ievainots. (ehs EHS-moo ie-VAI-nohts)
 I need a doctor. Man vajag ārstu. (mahn VAI-ahg AARS-too)
 Can I use your phone? Vai es drīkstu izmantot jūsu telefonu? (vai ehs DREEKS-too eez-MAHN-toht YOO-soo teh-leh-FOH-noo?)
Numbers
 0 nulle (NOOL-leh)
 1 viens (vyehns)
 2 divi (DIH-vih)
 3 trīs (trees)
 4 četri (CHEH-trih)
 5 pieci (PYEH-tsih)
 6 seši (SEH-shih)
 7 septiņi (SEHP-tih-nyih)
 8 astoņi (UHS-toa-nyih)
 9 deviņi (DEH-vee-nyih)
 10desmit (DEHS-miht)
 20divdesmit (DIHV-dehs-miht)
 30trīsdesmit (TREES-dehs-miht)
 40četrdesmit (CHEHTR-dehs-miht)

50piecdesmit (PYEHTS-dehs-miht)
 60sešdesmit (SEHSH-dehs-miht)
 70septiņdesmit (SEHP-teeny-dehs-miht)
 80astoņdesmit (UHS-tohny-dehs-miht)
 90deviņdesmit (DEH-veeny-dehs-miht)
 100simts (sihmts)
 1000tūkstots (TOOKS-tohts)
 1,000,000miljons (MIH-lyohns')
Time
 The 24 hour clock is used in Latvia.
 What time is it? Cik ir pulkstenis? (tsihk ihr PUHLKS-teh-nihs)
 What time? Cikos? (TSIH-kohs)
Duration
 _____ minute(s) _____ minūte(s) (MIH-noo-teh)
 _____ hour(s) _____ stunda(s) (STOON-dah(s))
 _____ day(s) _____ diena(s) (DYEH-nah(s))
 _____ week(s) _____ nedēļa(s) (NEH-dehh-lyah(s))
 _____ month(s) _____ mēnesis(mēneši) (MEHH-neh-sees(MEHH-neh-shih))
 _____ year(s) _____ gads(gadi) (gahds(GAH-dih))
Days
 today šodien (SHAW-dyehn)
 yesterday vakar (VUH-kuhr)
 tomorrow rīt (reet)
 this week šo nedēļu (shaw NEH-deh-lyoo)
 last week pagājušā nedēļu (PUH-gah-yoo-shah NEH-deh-lyoo)
 next week nākam nedēļu (NAH-kuhm NEH-deh-lyoo)
 Monday pirmdienā (PIHRM-dyeh-nuh)
 Tuesday otrdienā (AWTR-dyeh-nuh)
 Wednesday trešdienā (TREHSH-dyeh-nuh)
 Thursday ceturtdienā (TSAH-tuhrt-dyeh-nuh)
 Friday piektdienā (PYEHKT-dyeh-nuh)
 Saturday sestdienā (SAHST-dyeh-nuh)
 Sunday svētdienā (SVEHT-dyeh-nuh)
Transportation
 car mašīna (MAH-shee-nah)
 taxi



Pre Arrival Information for International Incoming Students

taksometrs (*TAHK-soh-mehtrs*)
bus
autobuss (*OW-toh-boos*)
van
furgons (*FOOR-gohns*)
truck
automašīna (*OW-toh-mah-shee-nah*)
trolley
trolejbuss (*TROH-lei-boos*)
tram
tramvajs (*TRAHM-vajs*)
train
vilciens (*VIHL-tsyehns*)
airplane/airline
lidmašīna (*LIHD-mah-shee-nah*)
bicycle
velosipēds (*VEH-loh-sih-pehds*)
motorcycle
motocikls (*MOH-toh-tsihkl*)
carriage
pārvadāšanas (*PAHHR-vah-dahh-shah-nahs*)

Buying Tickets

Where can I buy tickets?
Kur var nopirkt biļetes? (*koor vuhr NAW-pihrkt BIH-lyeh-tehs?*)
I want to travel to...
Vēlos ceļot uz ... (*VAI-lohs TSEH-lyoht uhz*)
Do I need to book/make a reservation?
Vai man ir grāmatas/veikt rezervāciju? (*vai muhn ihr GRAH-muh-tuhs/vaykt REH-zehr-vah-tsyoo?*)
Is it sold out?
Tas ir izpārdots? (*tahs ihr IHZ-pahhr-dohs?*)
Any tickets available?
Jebkurš biļetes pieejamas? (*YEHB-koorsh BIH-lyeh-tehs PYEH-eh-yah-mahs?*)
I'd like to book/reserve a seat to...
Es gribētu rezervēt/rezervēt vietu uz... (*ehs GRIH-behh-too REH-zehr-veht/REH-zehr-veht VYEH-too ooz...*)
I'd like (a)...
Es gribētu (a)... (*ehs GRIH-behh-too (ah)*)
...one-way ticket.
...vienvirziena biļete. (*VYEHN-vihr-zyeh-nah BIH-lyeh-shoo*)
...return ticket.
...atgriešanās biļete. (*AHT-gryeh-shah-nahs BIH-lyeh-teh*)
...two tickets.
...divas biļetes. (*DEE-vahs BIH-lyeh-tehs*)
...1st. class ticket.
...2nd. class ticket.
Bus and Train
How much is a ticket to ____?
Cik maksā biļete uz ____? (*tsihk MUHK-sahh BIH-lyeh-teh oohz?*)
One ticket to ____, please.
Vienu biļeti uz ____, lūdzu.

(*VYEH-nuh BIH-lyeh-tih oohz...LOOD-zoo*)
Where does this train/bus go?
Kur tas vilciens / autobuss iet? (*koohr tahs VIHL-tsyehns/OW-taw-buhs iet?*)
Where is the train/bus to ____?
Kur ir vilciens/autobuss, kas brauc uz ____? (*koohr ihr VIHL-tsyehns/OW-taw-booss, kahs browts uhz?*)
Does this train/bus stop in ____?
Vai vilciens/autobuss pietur ____? (*vai VIHL-tsyehns/OW-toh-booss PYEH-tuhr?*)
When does the train/bus for ____ leave?
Kad atiet vilciens/autobuss uz ____? (*kahd AH-tyeht VIHL-tsyehns/OW-toh-booss uhz?*)
When will this train/bus arrive in ____?
Kad vilciens/autobuss būs ____? (*kahd VIHL-tsyehns/OW-toh-booss boos?*)

Directions

How do I get to ____?
Kā lai es tieku uz ____? (*kah lai ehs TYEH-koo ooz...*)
...the train station?
...vilcienu staciju? (*VIHL-tsyeh-noo STAH-tsyoo?*)
...the bus station?
...autoostu? (*OW-toh-aws-too?*)
...the airport?
...lidostu? (*LIH-daws-too?*)
...downtown?
...centra virzienā? (*TSEHN-trah VYEH-zyeh-nah?*)
...the youth hostel?
...jauniešu viesnīcu? (*YOW-nyeh-shuh VYEH-nee-tsu*)
...the ____ hotel?
...____ viesnīcu? (*VYEH-nee-tsu*)
Can you show me on the map?
Vai jūs to varētu man parādīt uz kartes? (*vai yoos taw VAH-rehh-too mahn PAH-rah-deet ooz KAH-rah-tehs?*)

Taxi

Taxi.
Taksometrs. (*TAHK-soh-mehtrs*)
Take me to ____, please.
Aizvediet mani uz ____, lūdzu. (*AYZ-veh-dyeht MAH-nih uhz...LOO-dzuh*)
How much does it cost to get to ____?
Cik maksā brauciens līdz ____? (...)
Take me there, please.
Aizvediet mani uz turieni, lūdzu. (...)

Lodging

Hotel
Viesnīca (*VYEH-nee-tsu*)
Do you have any rooms available?
Vai jums ir kāda brīva istaba? (*vay yuhms ihr KAH-dah BREE-vah IHS-tah-bah?*)
Does the room come with...
Vai šajā istabā ir...

...bedsheets?
...palagi?
...a bathroom?
...vannas istaba?
...a telephone?
...telefons?
...a TV?
...televizors?
How much is a room for one person/two people?
Cik maksā istaba vienai personai/divām personām?
May I see the room first?
Vai es varētu vispirms apskatīt istabu?
OK, I'll take it.
Labi, es ņemšu.
I will stay for ____ night(s).
Es palikšu ____ nakti(s).
Do you have a safe?
Vai jums ir seifs?
Is breakfast/supper included?
Vai brokastis/vakariņas ir iekļautas cenā?

Eating

A table for one person/two people, please.
Galds vienai personai/diviem cilvēkiem, lūdzu. (*Gah-lts VYEH-nai PEHR-soh-nai/DIH-vyehm TSIHL-vehh-kyehm, LOO-dzuh*)
Can I look at the menu, please?
Vai es varu apskatīt ēdienkarti, lūdzu? (...)
Can I look in the kitchen?
Vai es varu apskatīties virtuvē? (...)
Is there a house specialty?
Vai ir māju specialitāte? (...)
Is there a local specialty?
Vai ir vietējā specialitāte? (...)
I'm a vegetarian.
Es esmu veģetārietis. (...)
I don't eat pork.
Es neēdu cūkgaļu. (...)
I don't eat beef.
Es neēdu liellopu gaļu (...)
I only eat kosher food.
Es tikai ēdu kosher pārtiku. (...)
Can you make it "lite", please? (*less oil/butter/lard*)
Vai Jūs varētu to padarīt vieglāku, lūdzu? (...)
fixed-price meal
fiksētas cenas ēdiens (...)
a la carte
a la carte (...)
breakfast
brokastis (...)
lunch
pusdienas (...)
tea (*meal*)
tēja (...)
supper
vakariņas (...)
I want ____.
Es gribu (...)
I want a dish containing ____.
Es gribu ēdienu, kas satur ____.



Pre Arrival Information for International Incoming Students

chicken cālis (...)
beef liellopu (...)
fish zivs (...)
ham šķiņķis (...)
sausage desa (...)
cheese siers (...)
eggs olas (...)
salad salāti (...)
(fresh) vegetables (svaigi) dārzeņi (...)
(fresh) fruit (svaigi) augļu (...)
bread maize (...)
toast grauzdiņš (...)
noodles nūdeles (...)
rice rīsi (...)
beans pupas (...)
May I have a glass of ____?
Vai es varētu pasūtīt glāzi ____? (...)
May I have a cup of ____?
Vai es varētu pasūtīt tasi ____? (...)
May I have a bottle of ____?
Vai es varētu pasūtīt pudeli ____? (...)
coffee kafija (...)
tea (drink) tēja (...)
juice sula (...)
(bubbly) water (gāzēts) ūdens (...)
water ūdens (...)
beer alus (...)
red/white wine sarkans / balts vīns (...)
May I have some ____?
Man, lūdzu ____? (...)
salt sāls (...)
black pepper melnie pipari (...)
butter sviests (...)
Excuse me, waiter? (getting attention of server) Atvainojiet, viesmīl? (...)
I'm finished. Es esmu pabeidzis. (...)
It was delicious. Tas bija ļoti garšīgi. (...)
Please clear the plates. Lūdzu, novāciet šķīvjus. (...)

The check, please. Rēķinu, lūdzu. (...)
Shopping
Do you have this in my size? Jums ir mans izmērs? (*yooms ihr mahns IHZ-mehhrs?*)
How much is this? Cik tas maksā?
That's too expensive. Tas ir pārāk dārgi.
Would you take ____? Jūs pieņemat ____?
expensive dārgi
cheap lēti
I can't afford it. Es to nevaru atļauties.
I don't want it. Es to nevēlos.
You're cheating me. Jūs mani krāpjat.
I'm not interested. Mani tas neinteresē.
OK, I'll take it. Labi, es to ņemšu.
I need... Man vajag/vajadzētu...
...toothpaste. ...zobu pastu.
...a toothbrush. ...zobu birsti.
...tampons. ...tamponus.
...soap. ... ziepes.
...shampoo. ...šampūnu.
...pain reliever. (*e.g., aspirin or ibuprofen*) ...atsāpinošas tabletes.
...cold medicine. ...zāles pret saaukstēšanos.
...an umbrella. ...lietussargu.
...postage stamps. ...pastmarkas.
...batteries. ...baterijas.
...a pen. ...pildspalvu.
...English-language books. ...grāmatas angļu valodā.
Emergencies
Help! Palīgā! (*PAH-lee-gah*)
Look out! Uzmanies!
Fire! Uguns!
Go away! Ejiet prom!
Thief! Zaglis!
Stop thief! Turiet zagli!
Call the police! Izsaukšu policiju!
Where is the police station? Kur ir policijas iecirknis?
Can you help me please?

Vai jūs varat man palīdzēt lūdzu?
Could I use your telephone/mobile/cell phone? Vai es varētu izmantot jūsu telefonu
There's been an accident! Ir bijis nelaimes gadījums!
Call a Zvanu
...doctor! ārstu
...an ambulance! ambulance!
I need medical attention! Man vajag ārsta!
I'm ill. Es esmu slim.
I'm lost. Es apmaldījos.
I've been raped! Mani izvaroja!
Where are the toilets? (*koor ihr TWAH-leh-tehs?*) Kur ir tualetes?

From:
http://wikitravel.org/en/Latvian_phrasebook

ISMA