Pre Arrival Information
For International and/or Erasmus+ Incoming Students

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Dear Students!

ISMA university welcomes you in Riga! We hope the time you are going to spend here will bring you many discoveries: you will meet new friends, try your independent life in a new country, will travel a lot and get plenty of impressions. However, first goal of your participation in international studies / Erasmus+ is to study and this should be your primary concern upon arrival.

We (ISMA team) are here to help you!

We wish you a very fruitful and enjoyable study in ISMA!

Sincerely yours,
ISMA International Department

ISMA Erasmus Code: LVRIGA32
Studies available in following languages: English, Latvian, Russian

- **Useful links:**
  - Erasmus+ on Facebook [https://www.facebook.com/EUErasmusPlusProgramme](https://www.facebook.com/EUErasmusPlusProgramme)

- **For International Incoming students:**
  There you can find useful information:
  - How to apply online
  - Academic recognition
  - Entry requirements
  - Residence permit
  - Schengen visa
  - Education for the third-country nationals
  - … and much more! Follow the updates!

- **For Incoming Erasmus+ students:**
  There you can find:
  - Information how to apply
  - Application form
  - Draft of Learning agreement
  - Erasmus student charter
  - Deadline for application
  - List of study programs and courses (Business Administration, Tourism, Information Systems)
  - ISMA academic calendar
  - Accommodation in Riga
  - Medical Help
  - Contact details of International Relations Department
  - Online courses of Latvian language
  - … and much more! Please follow the updates!
We had interviewed Incoming Erasmus students to discover how they did like their stay at ISMA.
- Why have you chosen Riga as your Erasmus destination?
- Do you like it here? Are your expectations fulfilled or not?
- How are you feeling about our university?
- Do you have a culture clash?
- What do you expect from your staying here?

Daniela from Romania:
- I have chosen Riga as my Erasmus destination because I wanted to visit and find out more about this part of Europe. I never had the chance to visit any country from this region and this was a great opportunity.
- At the beginning it was a little bit hard for me to accommodate here. The weather wasn’t so nice and I didn’t know too many people. But I think it was a matter of time. Now I really enjoy Riga!
- Yes, my expectations are fulfilled, and this experience is better that I imagined.
- I like ISMA, teachers are professionals and colleagues are friendly. Also, the building is very nice and clean.
- I don’t have any problem concerning culture clash. Till now everyone has been nice and opened to meet new people.
- I expect to improve my economic knowledge, get in touch with many people from different cultures and visit as much as possible of this part of Europe.

Robert from Slovakia
- I’ve chosen Riga as my Erasmus destination, because I didn’t know so much about Baltic countries. Riga is situated at the really great place and I have good opportunity to visit other countries around Latvia.
- Yes, of course I really like Riga, I’ve met here lots of great people and the city is beautiful.
- My expectations are full filled more than I expected.
- Everybody here is very nice and everybody wants to get to know other people.
- I expect to improve my English skills, meet a lot of new people and visit every country what I could.

Gitana from Lithuania:
- I have chosen Riga because it is possible to take classes in Russian here. I enjoy my time here and my expectations are fulfilled. I like ISMA University for good teachers and friendly students. And I don’t have any culture clash.

Florentina from Romania:
- I love the city and what it has to offer to the students, museums, opera, and theatre and do not forget the shopping centers and pubs. I like that the teachers are trained and explain well to the students, even if it is in English. International department always helped us and thanks them for their patience.

We hope you will like your stay too!
VISA and RESIDENCE PERMIT

Useful links:


OCMA - The office of Citizenship and Migration Affairs

- Monday 11:00 - 19:00
- Tuesday 9:00 - 16:00
- Wednesday 9:00 - 16:00
- Thursday 9:00 - 16:00
- Friday 8:30 - 14:30

phone: +371 67829750; e-mail: rigas1nod_pieraksts@pmlp.gov.lv
Čiekurkalna 1. Līnija 3, Riga, LV1026, tram no 11, stop 2.Meža Kapi

!!!FOR ERASMUS + or other EXCHANGE students STUDENTS ONLY!!!

1. For citizens of EU, European Economic Area States and The Swiss Confederation

- A registration certificate is not necessary if the student has a valid travel document and is planning to stay in the Republic of Latvia NOT LONGER THAN 12 MONTHS.
- Please check: passport or ID card should be valid at least 3 months after departing FROM Latvia

2. For citizens of OTHER countries, who DO NOT need VISA to enter Latvia.

- Residence permit – is a document providing the foreign students the rights to reside in the Republic of Latvia for a definite period of time (a temporary residence permit)
- Is necessary if you are willing to reside in the Republic of Latvia for a period of time EXCEEDING 90 DAYS within HALF A YEAR counting from the FIRST DAY OF ENTRANCE

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<th>Third countries whose citizens may enter and stay in the Schengen area without visas</th>
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<td>Stay of up to 90 days in any 180-day period</td>
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* Only for holders of biometric passports
** Only for holders of passports which include an identity card number


**If you don’t need visa to enter Latvia, what do you have to do?**

- You may come to Riga and apply for residence permit personally
- You can apply in the Office of Citizenship and Migration Affairs
- As you can stay in Latvia no longer than 90 days within a half year you have to apply for residence permit immediately upon your arrival (the first 30 days) as it takes around 1 month for OCMA to proceed your application documents
- **After you arrive to Latvia,** please come to ISMA International Relations Department and ask for the INVITATION NUMBER for residence permit from your coordinator
- Make an appointment with OCMA
- When you come at OCMA
  - Take with you your passport (valid at least 3 months after departing from Latvia)
  - Submit residence permit application form (ask at ISMA IR department)
  - Copy of the passport
  - 1 photo
  - bank statement confirming that you have sufficient financial means to live in Latvia (at least EUR 320/ per month in your bank account)- original copy must be presented with a signature and stamp + credit or debit card affiliated to your bank account
  - document which verifies your place of accommodation in Latvia (rental agreement from your dormitory or a letter from the ISMA International Relations department confirming your stay at in campus hostel)
Pre Arrival Information for International Incoming Students

- a letter where ISMA International Relations department confirms that you are an exchange student at ISMA
- at OCMA your photo will be taken together with your fingerprints.

Then you have to wait for the OCMA decision. **It takes approximately 40 days.** You can pay extra fee to foster the process. Meanwhile you have to prepare following documents to submit at OCMA:

- Health Insurance police covering at least 43 000 EUR, valid for the entire stay in Latvia (original and copy). You can use police issued in your own country but it should be valid in Latvia. You can buy this police at ISMA International Relations department.
- X-ray or fluoroscopic examination results. Closest clinic to ISMA is Bikur Holim, Maskavas street 122/128, Riga, LV1003, Latvia, working hours: daily 08.30 – 19.00, Saturdays 09.00-15.00, Sundays – closed
- Make new appointment with OCMA and, take your passport, insurance police and X-ray results. Get the residence permit.
- Present your residence permit to ISMA International Relations Department to make a copy or send a scan to your ISMA coordinator.

3. For citizens of OTHER countries. What to do if you NEED VISA to enter Latvia?

- Schengen visa for students who plan to study in Latvia can be issued maximum for 90 days within a half year
- This means after you arrive to Latvia you need to apply for a temporary residence permit during the visa validity period
- OR you can apply for residence permit for the whole study period DIRECTLY at the Embassy of Latvia abroad BEFORE you come to Latvia.
- Here is the list of Embassies of Latvia. Find if there is an embassy at your country: [http://www.am.gov.lv/en/mission/](http://www.am.gov.lv/en/mission/)

**How to apply for visa?**

- If you already have Schengen visa inform your ISMA coordinator.
- To apply for visa you need **an invitation number**. Ask ISMA International Relations department to send it to you.
- You will need to show this number when you will submit the documents at the Embassy of Latvia
- At the Embassy students are usually asked to submit an application form, copy of passport, acceptance letter for studies issued by ISMA. At the invitation provided by ISMA is usually given in campus accommodation address.
- To get visa can take different time, depending on a season, from 1 to 4 weeks. On summer time it can take even more so we suggest you to apply well in advance.
- The duration of your visa is very important because in RIGA you will have to go to OCMA and submit additional documents to get residence permit within the validity period of your visa.

**How to apply for residence permit upon arrival to Latvia?**
After you arrive to Latvia, please come to ISMA International Relations Department and ask for the INVITATION NUMBER for residence permit from your coordinator.

Make an appointment with OCMA

When you come at OCMA
- Take with you your passport (valid at least 3 months after departing from Latvia)
- Submit residence permit application form (ask at ISMA IR department)
- Copy of the passport
- 1 photo
- bank statement confirming that you have sufficient financial means to live in Latvia (at least EUR 320/ per month in your bank account)- original copy must be presented with a signature and stamp + credit or debit card affiliated to your bank account
- document which verifies your place of accommodation in Latvia (rental agreement from your dormitory or a letter from the ISMA International Relations department confirming your stay at in campus hostel)
- a letter where ISMA International Relations department confirms that you are an exchange student at ISMA
- at OCMA your photo will be taken together with your fingerprints.

Then you have to wait for the OCMA decision. It takes approximately 40 days. You can pay extra fee to foster the process. Meanwhile you have to prepare following documents to submit at OCMA:

- Health Insurance police covering at least 43 000 EUR, valid for the entire stay in Latvia (original and copy). You can use police issued in your own country but it should be valid in Latvia. You can buy this police at ISMA International Relations department.
- X-ray or fluoroscopic examination results. Closest clinic to ISMA is Bikur Holim, Maskavas street 122/128, Riga, LV1003, Latvia, working hours: daily 08.30 – 19.00, Saturdays 09.00-15.00, Sundays – closed
- Make new appointment with OCMA and, take your passport, insurance police and X-ray results. Get the residence permit.
- Present your residence permit to ISMA International Relations Department to make a copy or send a scan to your ISMA coordinator.

4. For citizens of OTHER countries who have valid RESIDENCE PERMIT OF OTHER EU COUNTRY
(for example, Algerian student with valid residence permit issued in Germany)

You don’t need VISA to enter Latvia
BUT you can stay in Latvia only maximum 90 days
This means you need to apply for a temporary residence permit in OCMA
If your valid residence permit issued by another EU country expires before you come to Latvia you need to extend it
OR to apply for visa to be able to enter Latvia
!!!FOR DEGREE STUDENTS ONLY!!
*degree students – students on permanent studies, NOT related with any exchange program

1. For citizens of EU, European Economic Area States and The Swiss Confederation

- If a EU citizen stays in Latvia for longer than 90 days:
- Within 90 days of the first day of entry a student has to apply for the registration certificate IN PERSON at the Office of Citizenship and Migration Affairs in Riga (Čiekurkalna 1. Līnija 3, Riga, LV1026, tram no 11, stop 2.Meža Kapi)
- A registration certificate will be issued to a EU citizen without delay after submission of all necessary application documents:
  - Valid passport or ID
  - Study agreement
  - Health insurance

2. For citizens of FOLLOWING COUNTRIES:
A citizen of Albania (only holders of biometric passports), Andorra, Antigua and Barbuda, Argentina, Australia, Bahamas, Barbados, Bosnia and Herzegovina (only holders of biometric passports), Brazil, Brunei, Canada, Chile, Costa Rica, Croatia, El Salvador, Guatemala, Honduras, Hong Kong, Korea, Israel, Japan, Macao, Macedonia (only for holders of biometric passports), Malaysia, Mauritius, Mexico, Montenegro (only for holders of biometric passports), Monaco, New Zealand, Nicaragua, Northern Mariana Islands, Panama, Paraguay, San Marino, Seychelles, Saint Kitts and Nevis, Serbia (only for holders of biometric passports), Singapore, Taiwan (Only for holders of passports which include an identity card number), Uruguay, USA, The Vatican and Venezuela

How to get a residence permit?

- If the positive answer about your acceptance as a degree student at ISMA is received:
- ISMA prepares an official invitation for the residence permit. Following documents must be submitted to the ISMA coordinator:
  - Passport copy
  - Date and place of birth
  - Citizenship
  - Home address
  - Address (will be indicated in the invitation by the coordinator)
  - Embassy of Latvia where student will submit the documents to get the residence permit (if the documents will be submitted before the arrival in the Embassy)
- After the invitation is approved and sent by ISMA coordinator to the student:
  - **Student apply for residence permit at the Embassy of Latvia**
  - **OR within 90 days as of the first day of entry at the OCMA in Riga.**

To apply for residence permit, the following documents are necessary to be submitted:
Pre Arrival Information for International Incoming Students

- Invitation number
- Copy of passport (original must be showed at the Embassy). The passport should be valid at least 3 months after the final date of planned residence permit term
- 1 photo
- Confirmation of the necessary subsistence, **at least 320 EUR per month**
- Document which approves the accommodation place in Latvia
- Copy of the study agreement (original must be presented)
- Legalized documents on previous education which should be sufficient for studies at ISMA
- State duty payment check for the examination of submitted documents. Master, Doctoral students need to pay the state duty only if they wish to faster checking of the submitted documents (within 10 or 5 working days)
- The procedure takes **over 40 days**
- Student may receive the residence permit for studies in Latvia for the period on which the Student has paid his/her **study fee**.
- To **extend** the residence permit the documents must be submitted **not later than 40 days before** the validity of the current permit expires.
- Upon receiving the residence permit the student has to present health insurance which is valid in Latvia and a copy of statement on fluorography or x-ray results (original must be presented) issued by a competent institution in Latvia.

- **Health Insurance police covering at least 43 000 EUR, valid for the entire stay in Latvia (original and copy). You can use police issued in your own country but it should be valid in Latvia. You can buy this police at ISMA International Relations department.**
- **X-ray or fluoroscopic examination results. Closest clinic to ISMA is Bikur Holim, Maskavas street 122/128, Riga, LV1003, Latvia, working hours: daily 08.30 – 19.00, Saturdays 09.00-15.00, Sundays – closed**

### 3. For citizens of OTHER COUNTRIES.
**Only for degree, FULL TIME studies!**

**How to get a residence permit?**

- If the positive answer about your acceptance as a degree student at ISMA is received:
- ISMA prepares an official invitation for the residence permit. Following documents must be submitted to the ISMA coordinator:
  - Passport copy
  - Date and place of birth
  - Citizenship
  - Home address
  - Address (will be indicated in the invitation by the coordinator)
  - Embassy of Latvia where student will submit the documents to get the residence permit (if the documents will be submitted before the arrival in the Embassy)
- **After the invitation is approved and sent by ISMA coordinator to the student:**
- Student apply for residence permit at the Embassy of Latvia
- OR within 90 days as of the first day of entry at the OCMA in Riga.

After the invitation is approved, the student submits the documents for the residence permit IN PERSON at the EMBASSY OF LATVIA which is not located in a Schengen country.

Exceptions:
- If the student has a valid residence permit in any of the Schengen countries, he/she holds a right to submit the documents in the Embassy of Latvia which is located in a Schengen country or at the OMCA in RIGA.
- Master, doctoral students can arrive to Latvia with a Schengen visa and while the visa is valid, submit the documents for the residence permit at OMCA in Riga.
- In this case ISMA first will take the invitation for the Schengen visa and after student´s arrival the invitation for the residence permit should be requested.

To apply for the residence permit, the following documents should be submitted:

- Invitation document
- Copy of passport (original must be showed at the Embassy). The passport should be valid at least 3 months after the final date of planned residence permit term
- 1 photo
- Legalized statement on criminal records issued by a competent institution of the citizenship of the host country if a foreigner has resided in that country longer than 12 months
- Confirmation of the necessary subsistence, at least **320 EUR per month**
- Document which approves the accommodation place in Latvia
- Copy of the study agreement (original must be presented)
- Legalized documents on previous education which should be sufficient for studies at ISMA
- State duty payment check for the examination of submitted documents. Master, Doctoral students need to pay the state duty only if they wish to faster checking of the submitted documents (within 10 or 5 working days)
- The procedure takes **over 40 days**
- Student may receive the residence permit for studies in Latvia for the period on which the Student has paid his/her study fee.
- To **extend** the residence permit the documents must be submitted not later than 40 days before the validity of the current permit expires.
- Upon receiving the residence permit the student has to present health insurance which is valid in Latvia and a copy of statement on fluorography or x-ray results (original must be presented) issued by a competent institution in Latvia.

- **Health Insurance police covering at least 43 000 EUR, valid for the entire stay in Latvia (original and copy). You can use police issued in your own country but it should be valid in Latvia. You can buy this police at ISMA International Relations department.**
- **X-ray or fluoroscopic examination results. Closest clinic to ISMA is Bikur Holim, Maskavas street 122/128, Riga, LV1003, Latvia, working hours: daily 08.30 – 19.00, Saturdays 09.00-15.00, Sundays – closed**
Arrival Information

- **Orientation Meeting:**
  Information Meeting for newly arrived International and/or Erasmus+ students is compulsory. Please follow the information provided by your coordinator.

  **For Incoming Erasmus + students:**
  - **Everything you have to bring with you to the meeting:**
    - Original of your application with the photo
    - Learning agreements (2 originals, signed and stamped by your sending university and signed by you)
    - Certificates of arrival (if requested by your sending university)
    - 10 EUR for ISIC *
    - 1 photo (3x4) for ISIC
    - 2 EUR for notification of study (this will be necessary to get student`s transportation card)**

*ISIC will be ready within the next day. Please pick up in Student`s Parliament. The price of ISIC is 7.50, and you will get 2.50 on your account to use at library for printing and copying. Later you can refill your card at the reception. ISIC is also necessary as an electronic key to enter our auditoriums. ISIC is International students Identity Card which gives you many discounts and privileges in Riga.

**Notification of study will be ready within the next day. Please pick up at Study Department. This is a confirmation of your studies at ISMA that you have to submit at Rigas Satiksme (Riga Public Transportation office) altogether with ISIC to get E-Talons (student`s transportation card).

- **During the Meeting:**
  - During the meeting we’ll be introduced to each other, International and/or Erasmus+ students will get basic knowledge of how life in ISMA is going on, you will be provided with information regarding your stay and will become familiar with a timetable of the upcoming semester.
  - Learning agreements and certificates of arrival will be signed by the receiving university (ISMA).
  - Payment for ISIC and notification of study altogether with photo will be collected during the meeting and requested documents will be issued within the next week.
  - ISMA WIFI password will be provided for free.
  - You’ll get authorization login and password to internal materials at www.isma.lv
  - Additional language courses (Russian or Latvian) will be available for application during the meeting.

- **Additional Language courses, 35 EUR per month:**
  If you’d like to study Elementary Russian or Elementary Latvian you have to apply during the orientation meeting. A certificate will be provided after end of studies, total 3 months, 1 class per week. The course will be provided if no less than 5 students will accept their participation at each course.
How to Get Here:

- **By plane:**
  Riga International Airport website: [http://www.riga-airport.com](http://www.riga-airport.com)
  To get by taxi to ISMA will cost 15-17 EUR.
  You can also take bus Nr 22 at the airport (tickets available in the bus, cheaper tickets you can find at kiosks) and go straight to the Central Market stop (approx. 30 min), then change to trolleybus Nr 15 and proceed till the stop Lomonosova str. (approx. 10 min)

- **By bus or by train (Central Bus station or Riga Train Station (also known as Origo shopping center):**
  **Bus station** – cross the Central Market by foot and you will find city bus stop Central Market (Centrāltirgus). Then take trolley bus Nr 15 till the stop Lomonosova str.
  Or when you’ll go out of the bus station you will see tram stop across the channel, on your right. Take tram Nr 7 or 9 (till the stop Balvu str.)
  **Train Station** – go through Station tunnel A or B and then pass the underground tunnel which leads to the Central Market. There you will find bus stop Central Market (Centrāltirgus).

**Public city transportation:**
ISMA is located by the following address:
Lomonosova street, building 1/6 (administrative) and building 1/7 (auditoriums), Riga, LV1019, Latvia.
- You can get here by trolleybus 15, bus 18, minibus 216 (stop Lomonosova Street).
- You can also reach ISMA by trams 7, 9 (stop
Accommodation

ISMA address: 1/6 Lomonosova str., Riga, LV 1019.
There are 2 in-campus dormitories located in the vicinity: Apalenis and Prima. Please note: a room must be booked well in advance before your arrival as those dormitories are popular among students and have limited availability of accommodation. ISMA doesn’t book a room for you; it’s your own responsibility. However you can always ask your ISMA coordinator for help and consultation.

IN CAMPUS ACCOMMODATION:

- **Apalenis**
  
  PRICE FROM 110 EUR per person per month.
  
  www.studenthotel.lv
  
  
  office@hotelapalenis.lv
  
  +371 67100574
  
  Lauvas 2, Riga LV1003

  Please note, if you come to dormitory Apalenis during the night time or during weekends, as they don’t have reception open at this time you will be unable to check in.
  
  For this purpose you have to book additional night / nights at the HOTEL Apalenis which is located in the same building as the dormitory. After the weekend you will be able to move to the dormitory.

  Apalenis is located within the same bus stop Lomonosova str as ISMA (trolleybus 15, tram 7, 9, stop Balvu str). It is 3 minutes by foot from dormitory to ISMA.

- **Prima**

  PRICE FROM 100 EUR/in TRPL, 130 EUR – 150 EUR in DBL, 270 EUR/SGL per person per month.

  http://www.visitlatvia.lv/en/hostel/prima

  prima@lu.lv
  
  +371 67112260
  
  Reznas 10/k1, Riga LV1019

  Prima is located on the next trolleybus stop (Reznas str, trolleybus 15 or tram 7, 9 stop Lubanas str)

  If you arrive by trolleybus, cross the street and move straight by Reznas street. Then you will see on the right modern grey color building. This will be Prima dormitory (entrance in the yard).

  If you arrive by tram, move forward till the intersection with Reznas street. Go up this street till you’ll see the dormitory.

  If you arrive by night / during weekends, please make sure the reception is working in advance!

Other accommodation possibilities:
• **Prusu nams**
  PRICE FROM 130 EUR per person per month (and you have to mention that you are ISMA student).
  Prūšu iela 25, Rīga. Prusunams.viesnica@inbox.lv
  *There are 4 rooms apartments, 2-4 beds in each room. Bus stop Bultu iela (trolley bus 15), it’s about 15 minutes from ISMA by bus; the dormitory is located out of city center, at Kengarags district.*

• **Villand Hotel**
  PRICE FROM 130 EUR per person per month
  www.villandhotel.lv
  info@villandhotel.lv  +371 27125490 Viljanu str. 22, LV1003 Riga
  *This private mansion is located within walking distance from ISMA. Trolley bus 15, stop Vilnau iela.*

• **Fire Fighter Hostel**
  PRICE FROM 6 EUR per person per day. Long stay prices – upon request.
  info@firefighter.lv http://firefighter.lv  +371 22037657
  Maskavas 156/158 LV1003 Riga
  *This small hostel is located within walking distance from ISMA. Trolley bus 15, stop Lonomosova iela or Tram 7, stop Maza Kalna iela.*

➢ **Riga Old Town hostels.**
There are many hostels located in the Old Town or the very center of Riga. Some of them:

• **Big Bed Hostel**
  Prices starting from 8 EUR per day. Long stay prices – upon request
  bigbedhostel@gmail.com  +371 227554499 Merkela street 1, LV1050 Riga.
  Bigbedhostel.com

• **Doma Hostel**
  Price 165 -200 EUR per person per month depending on a room type (DBL-QDRPL)
  Info@domahostel.lv www.domahostel.lv  +371 67213101 www.facebook.com/domahostel
  Maza Jaunavu iela 8, LV1050 Riga.
  The very central hostel located close to Dome Cathedral in the heart of the Old Town.

✓ **Other hostels in Riga:**
✓ You can use Riga City transportation map for better convenience:
Private accommodation:
If you wish to find a private apartment, we suggest you to use real estate services or find an apartment by yourself at a Facebook group. **Useful information you have to know:** in Latvia we don’t count bedrooms, we count total amount of all rooms, and this is what you suppose 1 bedroom apartment - here in Latvia is supposed to be 2 rooms apartment (living room + bedroom). We also count floors starting from a ground floor, so there is no 0 floor, it always will start from the 1st floor. Usually the price for centrally located apartment with 2 rooms starts from 400 EUR + utilities, 3 rooms from 700 EUR. It is common practice that you’ll be asked of a deposit (1 month usually) and 1 or 2 months to pay in advance. In this case it is much cheaper to share an apartment with other students. Usually students prefer to be accommodated within the Riga Center. In this case transportation to ISMA will take 15-20 minutes by trolleybus or tram.

- Real estate agency specialized on international students: ART ESTATE, amirans@artestate.lv, art-asatrjan@artestate.lv
- International Students FACEBOOK forum about private accommodation in Riga:
  - **Riga Student’s Apartment Market**
  - **Riga Student Market** – different sale offers from international students
- Latvian web portal with private rent of accommodation (only LV and RUS languages) [http://www.ss.lv/ru/real-estate/flats/rima/](http://www.ss.lv/ru/real-estate/flats/rima/)
- **!!!Please note that safety of private accommodation and its preliminary booking is not guaranteed by ISMA!!!**

Additional information:
- ISMA as an institute doesn’t provide students with accommodation.
- It’s your own responsibility to contact closely located dormitories (Apalenis and Prima) or others and book your stay there. However if you might experience any problem, we can help in contacting them.
- After you’ll book your stay you have to inform us.
- After you’ll book a flight you have to inform us as well.
- If you need, ISMA may ask a buddy student to meet you in the airport / bus terminal (for ERASMUS students only). However ISMA doesn’t guarantee the buddy will go there to meet night or weekend flights/ arrivals. In this case we strongly suggest you to use a taxi.
- You can book any other private accommodation by your own but ISMA doesn’t guarantee your safety there, it’s your own responsibility. However please note the district where our university is located is called KENGARAGS and it is in 15 minutes by trolleybus nr 15 or by tram nr 9 to the very city center.
- Before to come to Latvia you have to get insured for all your stay here.

### Approximate cost of living in Riga

<table>
<thead>
<tr>
<th>PER MONTH</th>
<th>FOR 1 PERSON, EUR</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Living in a double room in a dormitory</td>
<td>100-150 EUR</td>
<td>Utilities and Internet usually are included</td>
</tr>
<tr>
<td>Living in a private apartment (2 or 3 rooms, 400-700 EUR total)</td>
<td>200-250 EUR</td>
<td>Utilities are not included. During months of november – april central heating to be paid additionally, average utilities bill 120-160 EUR for an apartment. Internet 12-25 EUR</td>
</tr>
<tr>
<td>City public transportation</td>
<td>Student monthly pass for 1 transportation type 1 route 10 EUR, for all routes 16 EUR Updated info at <a href="https://www.rigassatiksme.lv/en/">https://www.rigassatiksme.lv/en/</a></td>
<td>ISIC and special notification from ISMA should be obtained in advance (10 EUR) to get transportation card (E-talons)</td>
</tr>
<tr>
<td>Food</td>
<td>from 120 EUR</td>
<td></td>
</tr>
<tr>
<td>Entertainment, travelling</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cinema ticket</td>
<td>from 5 EUR</td>
<td></td>
</tr>
<tr>
<td>Round trip to Tallin by bus</td>
<td>from 32 EUR</td>
<td></td>
</tr>
<tr>
<td>Approximate expenses per month, total:</td>
<td>from 280 EUR</td>
<td></td>
</tr>
</tbody>
</table>
ISIC

• International Student Identity Card is a document which confirms your student status at ISMA.
• It is necessary to get ISIC not only for this purpose:
  • We use ISIC in ISMA as a key to enter our auditoriums. Students without ISIC are unable to enter.
  • You can use ISIC as a credit card to print all your necessary documents, to scan and copy at our library. Just ask a receptionist to put your money to your account.
  • To get ISIC you have to leave the payment and photo during our Orientation Meeting.
  • ISIC will also give you many discounts in Latvian stores, cinema, and restaurants. Additional info: [http://isic.lv/ISIC-un-ITIC-atlaides-Latvijā&cityID=1&cardID=1&search=true](http://isic.lv/ISIC-un-ITIC-atlaides-Latvijā&cityID=1&cardID=1&search=true)
• ISIC is necessary to hold with your Student’s Transportation Card, to prove you are a student and require a discount.

Transportation Card

As a student of ISMA you can get public city transportation card with a discount.

How to get Student’s Transportation Card?
1. Bring ISIC where is written that you are ISMA’s full time student + photo
2. Notification of study issued by ISMA
3. Photo 3x4
5. Ask there for Personalized E-Ticket for Students
6. Fill out the questionnaire, show your ISIC, notification of study, photo 3x4
7. Receive your Personalized E-Ticket for Students
9. Every time you enter the Public Transport (Buses, Trolleybuses, Tramways) you must validate your tickets in terminals.
10. When your deposit will be over, you can fill this card in almost any kiosk of the country.
Mobile Connection

The simplest way to get mobile connection in Latvia is to buy a prepayment card. There are different providers in the country:
- Tele2 (Zelta Zivtiņa prepayment card) (tele2.lv)
- LMT (Okarte prepayment card) (lmt.lv)
- Bite (Bite prepayment card) (bite.lv)
- Other prepayment cards (Amigo etc.)

Start complex may be bought in any of cell phone provider’s offices and also in almost any kiosk of the country, in supermarkets etc.
You can fill prepayment cards later online, in kiosks, in cash desks of the supermarkets.

Internet:

- You can ask for mobile internet modems in those offices as well.
- Free WiFi is provided in the premises of ISMA for our students.
- You can use PC at ISMA’s library for free.
- Many restaurants and coffee shops are equipped with free WiFi in the country.
STUDIES AT ISMA

- Upon arrival you’ll be joined to International Students and/or Erasmus + mailing list. Please check your email regularly to be informed about timetable changes, new events and other opportunities.
- Your timetable will be issued to you upon your arrival.
- If you need to contact any lecturer or would like to know his/her consultation time, please ask your international coordinator (office 103) or at study department (office 102).
- Please follow ACADEMIC CALENDAR [http://isma.lv/en/for-international-students-1](http://isma.lv/en/for-international-students-1)

A full study year in Latvia equals to 40 Latvian Credit Points (40 LV KP) or 60 ECTS credits.

1 LV KP = 1.5 ECTS

- Learning methods: lectures, exercises, discussions, written individual and group assignments, presentations etc.
- Examinations: the teacher informs the students about the date and time of the examination. Student can meet teacher during his/her consultation hours to receive additional information regarding the examination process.
- Students must be able to provide their ISIC or ID when taking examination.
- If student fails the exam or wishes to improve his/her mark it is possible to pass the exam once again free of charge during session time. All other tries should be covered by payment.
- Some subjects can be evaluated by final test. This test can be with (Test: differentiated grade) or without evaluation grade (Test: Passed)
- After the exchange, the student will be provided by transcript of records (certificate), confirming study process and obtained evaluation
- Assessment grading:

<table>
<thead>
<tr>
<th>Achievement level</th>
<th>Grade</th>
<th>Meaning</th>
<th>Approx. ECTS grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>very high</td>
<td>10</td>
<td><strong>izcili</strong> (with distinction)</td>
<td>A</td>
</tr>
<tr>
<td></td>
<td>9</td>
<td><strong>teicami</strong> (excellent)</td>
<td>A</td>
</tr>
<tr>
<td>High</td>
<td>8</td>
<td><strong>loti labi</strong> (very good)</td>
<td>B</td>
</tr>
<tr>
<td></td>
<td>7</td>
<td><strong>labi</strong> (good)</td>
<td>C</td>
</tr>
<tr>
<td>Medium</td>
<td>6</td>
<td><strong>gandrīz labi</strong> (almost good)</td>
<td>D</td>
</tr>
<tr>
<td></td>
<td>5</td>
<td><strong>viduvēji</strong> (satisfactory)</td>
<td>E</td>
</tr>
<tr>
<td></td>
<td>4</td>
<td><strong>gandrīz viduvēji</strong> (almost satisfactory)</td>
<td>E/FX</td>
</tr>
<tr>
<td>Low</td>
<td>1-3</td>
<td><strong>negatīvs vērtējums</strong> (unsatisfactory)</td>
<td>Fail</td>
</tr>
</tbody>
</table>

Pass – the test is passed (equal to 4 and higher)

**Timetable**

<table>
<thead>
<tr>
<th>Morning stream (Monday - Friday)</th>
<th>Evening stream (Tuesday, Thursday)</th>
<th>Evening stream (Saturday)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. <strong>08:30 - 10:00</strong></td>
<td>1. <strong>17:30 - 19:00</strong></td>
<td>1. <strong>09:00 - 10:30</strong></td>
</tr>
<tr>
<td>4. <strong>14:00 - 15:30</strong></td>
<td>4. <strong>14:20 - 15:50</strong></td>
<td></td>
</tr>
<tr>
<td>5. <strong>15:40 - 17:10</strong></td>
<td>5. <strong>16:00 - 17:30</strong></td>
<td></td>
</tr>
</tbody>
</table>
In most of the cases International and/or Erasmus+ students have to follow MORNING stream timetable.

- **International Students**: if you need to change/add some subjects from your timetable you have to discuss that with study department first. In most of the cases you will be given of individual study plan.

- **Erasmus + information only**:
  - To change subjects, delete or add: **WITHIN A MONTH UPON YOUR ARRIVAL**
  - To decide to stay for 2nd semester: **WITHIN A MONTH UPON YOUR ARRIVAL**
  - To pass examinations, submit works: **ONLY TILL THE END OF SESSION TIME. No later submissions or corrections are accepted!**
  - Lectures attendance is obligatory. If you decide to miss a lecture, you must inform IN ADVANCE a teacher directly or International Relations Department.
  - Please note your timetable could be changed within a month upon your arrival. You’ll be informed by email – check it regularly.
  - Please make sure all your documents (Learning agreement etc) are submitted to International Department and signed by 3 parties.

- **How to Work with the Timetable?**
  The timetable may seem a little bit complicated but it is very well organized indeed. Please look carefully how it is organized because your own timetable will be looking very similar to that. We’ll provide you with detailed explanations during our Orientation Meeting.
ISMA Contacts

Please feel free to contact International Relations department while your studies in ISMA. We are located at the building 1/7, 1st floor office 103.

Olga Verdenhofa
Head of International Relations Department
Phone +371 67100537, fax +371 67241591 olga.verdenhofa@isma.lv

Jevgenija Dehtjare
Erasmus Coordinator
Phone +371 67100537, fax +371 67241591 jevgenija.dehtjare@isma.lv

Study department is located next door, office 102. Here you can get information about teacher’s consultation hours and examination dates.

ISMA Website

www.isma.lv

please look to lower right corner of the main page
you will find there authorization request
password and login will be provided during our Orientation meeting
fill it in and log into the system
look to the left corner. There you will find INFORMATION FOR THE STUDENTS:

- Downloads and resources
- Time of Lessons
- Organization plan of study year
- International programmes
- Examinations and tests
- ISIC cards
- Qualifications, Bachelor's, Master's works
- Courseworks
- Courses
- Timetables
- Practice
- Preparatory Faculty
- Certificates
- Newspaper "ISMA News"

We will also inform you about changes in your timetable, student events etc. by email. However you are invited to enter our website regularly as this will allow you not to miss plenty of opportunities for students!

Moodle

Students can request for registering in Moodle. This will let you to receive necessary materials for your studies located in this internal online system. Moodle also allows distant learning.
Student`s Life

- **Student Parliament** is located at the office 113. You are very welcome there! Student Parliament members will inform you about many events they organize, feel free to participate in our busy student`s life!

We do student`s parties, visit museums, travel together and celebrate “la vida loca” at our Spanish Club! Everyone is invited!

- **Sport.** There are 2 sport sections available for ISMA students. Volleyball section is held twice a week, on Mondays and Fridays, it’s free for all students and everyone is invited. The volleyball hall is located close to ISMA. Football section – due to large interest participation is according to the interview held by coach. Please ask for both opportunities at ISMA International Relations department.

- **Festival.** ISMA holds international festival every year at the Congress Hall of Riga, supported by Riga City Council. If you got a talent to sign, dance or to make other kind of a show – you`re invited to participate!

Medical Help for International Students

!!! 03 or 113 - emergency medical service!!!

There are several hospitals, clinics and daily doctorates located in vicinity of ISMA. We suggest you “Dziednieciba” as they have doctors on duty, available daily (except Sundays). Here is information you might need:

**MFD Outpatient Hospital Dziednieciba**
Location on the map: https://maps.google.com/maps?hl=ru-LV&gbv=2&um=1&ie=UTF-8&fb=1&gl=lv&q=Ru%C5%A1onu+iela+15,+R%C4%ABga,+LV-1057&sa=X&ei=cohPVPnlCaXGygOw-oDIAQ&ved=0CBMQ8gEoATAA&output=classic&dg=brw

Address: Rušonu iela 15, Rīga, LV-1057, Latvija
Phone +371 67131313 email info@mfd.lv
Working hours: Daily 07.00-21.00
Saturdays 08.00-15.00
Sundays closed

How to get there from ISMA:
Trolley bus Nr 15 to the bus stop PASTS (post office)
Tram Nr 7 or 9 to the stop Rušonu iela

- **FOR EU citizens**
  Don’t forget to take your European Health Insurance card (EHIC)! Make sure it is valid before to come to Latvia.
  Show it to a doctor or at a cash desk BEFORE paying! Then you get a discount and pay the same price as local patients.

- **FOR NON EU citizens**
  It is a must to have health insurance issued before your arrival to Latvia. Please make sure it is valid during all your stay here. It should include:
  - emergency medical assistance costs;
  - treatment costs of growing chronic illness;
  - transport costs to the closest medical facility providing the Services mentioned above;
  - transportation costs to return the patient to his/her home country in the case of a serious illness or death.

*If your insurance policy doesn’t include one of those options or is expired during your stay, you can get a new one at ISMA international relations department. We have contracts with several insurance companies in Latvia.*
In case if you need any medical help, you have to contact toll free phone number which is indicated at your police. An operator will suggest you a clinic or a hospital this company is working with and explain what you have to do next.

In case if you need any medicine - there is a pharmacy in front of ISMA (at Rimi supermarket). Pharmacy in Latvian is called “APTIEKA”.

What to do in Latvia

Riga as a capital of Latvia offers plenty of opportunities for colorful student’s life.

ISMA’s Student’s Parliament regularly organizes many events for our students, such as disco at Just club, get together meetings for international students, sport events and others. We invite you to get connected.

We suppose your student’s life in Riga will be quite busy. That’s why please taking into attention some safety advices provided by Latvia.travel:

Of course, as in any other country, one should also take care and observe elementary safety in Latvia, such as to avoid conflicts and to keep out of trouble. It is advised not to leave one’s bags unattended. One should be careful in crowded places. For example, there can be pickpockets in Riga in the pedestrian tunnels near the Riga Bus Terminal and Central Train Station; pickpockets should be watched out for in public transport. You should also be sure that nobody is following you. Keep your money, credit cards, and cameras close so that nobody can easily get to your belongings. You can use a hotel safe to store valuable goods. Do not leave anything valuable in a car and use a secure lock when travelling by bicycle. It is also better to withdraw money from ATMs in a bank or a hotel, not on the street.

It is better to travel at least by two. Do not leave your bags unattended in restaurants, pubs or any other place. The following rule should be observed in any country – do not leave your glass unattended. If this happens, it is better order a new drink.

Ignore fortune-tellers, do not talk to hustlers. Ignore drunken, aggressive passers-by. In order to avoid fraudulence or misunderstandings in pubs, ask for the menu first and check the prices. If unknown women want to accompany you in a café, it is best to avoid striking up a friendship – they can order very expensive cocktails and share the profit with the pub.

The Old City of Riga is much safer because of video surveillance, allowing police to quickly identify violations and arrive at the place of an incident. You can enjoy the nightlife of Latvia quite safely, though do moderately. When paying by bank card, do not let the card leave your sight and pay attention to the amount on the receipt.
!!! We also suggest you to scan/to make photo of all your personal documents (pass, ID, driver licence, return flight ticket, insurance police etc.), download them to your PC/smartphone and send to your own email account. Keeping your documents online you can get and print them any time!!!

10 Reasons to visit Riga:

1. Riga is a cultural capital of the Baltics. Theatres, Opera, Cinemas, events are taking place daily!
2. Riga – symbol of Art Nuveau. You must visit Alberta street district to see magnificent buildings of this époque. It is also famous with its medieval Old Town located in the very heart of the city.
3. Riga is a gastronomy paradise. Visit famous LIDO recreation center which is located in a walking distance from ISMA!
4. Riga offers you plenty activities! Did you know what Aerodium is? This is your way to fly like a bird! ([www.aerodium.lv](http://www.aerodium.lv))
5. Riga is more than 800 years old!
6. Riga is city for wellness and SPA. Visit ESPA in Latvia hotel or Joker club or other famous spa centers.
7. Riga is a paradise for shoppers. We have plenty shopping centers, as Alfa, Origo, Galerija Centrs and Mols which is located in a walking distance from ISMA.
8. Riga is located in the middle of Baltics. From here you can visit Tallinn (capital of Estonia) and Vilnius (capital of Lithuania) as well as many other cities (such as St. Petersburg or Moscow) getting there by bus, train or plain.
9. Riga is located in 30 minutes by train from Jurmala – city by the sea. Many SPA, hotels and restaurants are located there. Our beaches are probably the best in Europe. (however the sea temperature is rather low..)
10. Riga is multinational city. People talk many languages here, such as Latvian, Russian, and English. Many students throughout the world come to study here. Come here and you’ll definitely find new friends!

Some events should not be missed in Latvia:
- Christmas Markets in the Old Town – starting from November
- Ice Sculpture festival in Jelgava will take place February
- Meteņi – Latvian culture celebration at Ethnographic Museum in Riga, February
- Tropical Month at Riga Zoo – February
Sigulda Winter Festival  
Ligo – Midsummer Night, June 23rd

What to see in Latvia:
- Riga with its Art Nuveau district and Old Town
- Jurmala sandy beaches
- Sigulda with its medieval castle
- Rundale with its baroque palace
- Liepaja with its military fortresses
- Ventspils with its port
- Cesis – small medieval city


What to see in Baltics:
- Tallinn – capital of Estonia, 1-2 days trip
- Tartu – city in Estonia with AHHA museum, water park and ancient history, 1 day trip
- Parnu – city by the sea in Estonia with plenty of SPA hotels, 1 day trip
- Vilnius – capital of Lithuania, 1-2 days trip
- Trakai – city in Lithuania with medieval castle, 1 day trip
- Klaipeda, Palanga, Nida – cities by the sea in Lithuania. Palanga is disco paradise, Klaipeda is historical city, Nida is located on the Curonian Spit – narrow strip of earth between the bay and the sea, 2-3 days trip.

Useful Phone Numbers:
Tourist Hotline 1188
Toll Free emergency line for all cases 112
01 - Fire department
02 – Police
03 or 113 - emergency medical service
04 - Emergency gas service
Latvian phone prefix code: +371
Fixed lines starts with 6 (+371 6 7 123456)
Mobile lines starts with 2 (+371 2 9 123 456)
Calling outside Latvia: 00 - state prefix as 34 for Spain – phone number
Lost credit card: +371 67092555
Psychological help in crisis situations: +371 67 222922
SOS search and rescue works at sea: +371 67323103
Emergency unlocking of car locks and doors: +371 292 12 680
Hello (to a woman) Sveika! (SVYEK-sah)
Hello (to a man) Sveiks! (SVEH-ehks)
How are you? Kā jūs kāpzu? (kahh yooms KLAH-lee-yoo?)
Fine, thank you. Labi, paldies. (LAH-bih, PUH-lyehs)
What is your name? Mani sauc ______. (MAH-nee sows______)
My name is ______. Mani sauc ______. (MAH-nee sows______)
I'm pleased to meet you. Atā. (EE-yah)
I need your help. Man vajag jūsu palīdzību. (mahv VAY-ah-yoo soo pah-LEE-juh-buh)
It's an emergency. Ir avārijas situācija. (IHR ah-VAH-ah-yooz see-TWAH-see-yoo)
I'm lost. Esmu apmaldījies (male/apmaldeh-jeese (female)). (EHSS-moh ahp-MAHL-dee-yehs/ ahp-MAHL-dee-yoo-soo-yehhs)
I lost my bag. Es pazuadeju savu soma. (ehs pah-ZOH-deh-yoo soo SAH-vee-yoo)
I lost my wallet. Es pazuadeju savu maka. (ehs pah-ZOH-deh-yoo soo SAH-vee-yoo MAH-koo)
I'm sick. Esmu slimis (male)slima (female). (EHSS-moh SLEEMS/ SLEE-mah)
I've been injured. Es esmu ievainots. (ehs EHS-moh ee-VAH-nyohts)
I need a doctor. Man vajag ārstu. (mahv VAY-ah-yoo VAH-ss-toh)
Can I use your phone? Vai es drīkstu izmantot jūsu telefonu? (VAY-ah-goo-yoo tuh neh-deh-lyoo)

Where is the toilet? Kur ir tualetes? (kahor ee TWAH-leh-tek?)

Problems
Leave me alone. Ej prom. (ee prohm)
Don't touch me! Neaizskar mani! (neh-AYSS-kuh MAH-nee)
I'll call the police. Es izsaukšu policiju. (ehss EEZ-sowk-shoo poh-LEE-see-yoo)
Police! Policija! (poh-LEE-see-yoo)
Stop! Thief! Ķeriet zagli! (KYEY-uh-yeht ZAH-glee)

Excuse me. Atvainojiet. (UHT-vow-nah-yet)
I'm sorry. Piedodiet. (ghee-DOH-deh-yeh)
Goodbye. Uz redzēšanos. (ooz REHRS-deh-shahn-nohs)
Goodbye (informal) Atl. (AH-tehl)

I can't speak Latvian. [wahl] Es nemāku latviešu valodu [lah]. (ehs NEH-mah-vuh LAVE-veeshoo valo-doo [lahh-bih])
Do you speak English? Vai Jūs runājat angliski? (VAY-ah-goo yoo soo ROO-neh-yahht UHN-gleh-kee?)
Is there someone here who speaks English? Vai tie ir kāds, kuri rūna angliski? (VAY-ee teh err kahds, kurn heh ROO-nya AHN-gleh-keee?)

Help! Pallīgā! (PUH-lee-gah)

Look out! Uzmanies! (OOZ-mah-nee-yehs)

Good morning Labrīt (lahh-BRAYT)
Good day Labdien (lahh-DYEHN)
Good evening Labkvākar (lahh-VOO-kahhr)
Good night (to sleep) Ar labu nakti. (ahhr LUH-boo NUH-ktee)
I don't understand. Es nesaprotu. (ehs NEH-sah-proh-too)

- **English – Latvian Dictionary**

- **Duration**
  - _____ minute(s) (SAHHT-dyeh-nuh)
  - _____ hour(s) (SAHHT-dyeh-nuh)
  - _____ week(s) (SAHHT-dyeh-nuh)
  - _____ month(s) (SAHHT-dyeh-nuh)

- **Numbers**
  - 0 nulle (NOOL-lyuh)
  - 1 viens (vee-hens)
  - 2 divi (Dnee-vee)
  - 3 trīs (treehs)
  - 4 četri (CHEH-trih)
  - 5 pieci (PYEH-tseh)
  - 6 seši (SEH-sheh)
  - 7 septiņi (SEHT-nee-eeh)
  - 8 astotnī (AHST-oohn-eeh)
  - 9 deviņi (DEH-vee-nee)
  - 10desmit (DEHSS-mih)
  - 20divdesmit (Dheeveh-deh-seeh-mih)
  - 30trīdesmit (Treeehs-deh-seeh-mih)
  - 40četrdesmit (CHEHTR-deh-seeh-mih)

- **Time**
  - The 24 hour clock is used in Latvia.
  - What time is it? Cik ir pulkstenis? (tsibh ihr PUHLKS-teh-nee)

- **Days**
  - today šodien (SHAW-deh-lyeh)
  - yesterday vakar (VUK-ah)
  - tomorrow rīt (reeht)
  - this week šo nedēļu (shaw NEH-deh-lyoo)
  - last week pagājuša nedēļu (PUH-gah-yoo-shah NEH-deh-lyoo)
  - next week nākam nedēļu (NAH-kahn NEH-deh-lyoo)

- **Transportation**
  - car mašīna (MAH-shee-nah)
  - taxi (SAHST-dyeh-nuh)
Pre Arrival Information for International Incoming Students

Buying Tickets

Where can I buy tickets?

- Taksometrs (TAHK-soh-mehtrs)  
- autobuss (OW-toh-boos)  
- furgons (FOOR-gohns)  
- trolejbus (TROH-lei-boos)  
- tramvajs (TRAHM-vais)  
- viļcieni (VIHL-tseyhns)  
- lidmašīna (LIHD-mah-shee-nah)  
- velosipēds (VEH-loh-sih-pehds)  
- motocikls (MOH-toh-ssahklhs)  
- trolley  
- train  
- airplane/airline  
- motorcycle  
- carriage  

Do I need to book/make a reservation?

- Yes  
- No

- Yes  
- No

Where can I buy tickets?

<table>
<thead>
<tr>
<th>Buying Tickets</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Where can I buy tickets?</td>
<td></td>
</tr>
<tr>
<td>Kur var nopirkt bijetes? (kooor vah NHAW-peeht BIH-lyeh-tehs?)</td>
<td></td>
</tr>
<tr>
<td>I want to travel to...</td>
<td></td>
</tr>
<tr>
<td>Vēlos ceļot uz... (VAI-lohs TSEH-loh-uh)</td>
<td></td>
</tr>
<tr>
<td>Do I need to book/make a reservation?</td>
<td></td>
</tr>
<tr>
<td>Vai man ir grāmatas/veikti rezervāciju? (vah mahn ihr GRAH-mah-tahs/vayks REH-zehr-vahts-shee-nah)</td>
<td></td>
</tr>
<tr>
<td>Is it sold out?</td>
<td></td>
</tr>
<tr>
<td>Tas ir izpārdots? (tahs ihr IHZH-pahhr-dohts)</td>
<td></td>
</tr>
<tr>
<td>Any tickets available?</td>
<td></td>
</tr>
<tr>
<td>Jebkurš bijetes pieejams? (YEHB-koorsh BIH-tseyhns)</td>
<td></td>
</tr>
<tr>
<td>I'd like to book/reserve a seat to...</td>
<td></td>
</tr>
<tr>
<td>Es gribu rezervēt/rezervēt vietu uz... (ehs GRIH-beh-too REH-zehr-veht/REH-zehr-veht VYEHH-lahv oozh...)</td>
<td></td>
</tr>
<tr>
<td>I'd like (a)...</td>
<td></td>
</tr>
<tr>
<td>Es gribu (a)... (ehs GRIH-beh-too (ah))</td>
<td></td>
</tr>
<tr>
<td>...one-way ticket.</td>
<td></td>
</tr>
<tr>
<td>...vienvirziena biljēšu. (VYEHHN-vihr-vezh-nahh BIH-lyeh-shoo)</td>
<td></td>
</tr>
<tr>
<td>...return ticket.</td>
<td></td>
</tr>
<tr>
<td>...atgriešanās bijete. (AH-ghtryeh-shah-nahhs BIH-lyeh-teh)</td>
<td></td>
</tr>
<tr>
<td>...two tickets.</td>
<td></td>
</tr>
<tr>
<td>...divas bijetes. (DEE-vahhs BIH-lyeh-tehs)</td>
<td></td>
</tr>
<tr>
<td>...1st class ticket.</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>...2nd class ticket.</td>
<td></td>
</tr>
</tbody>
</table>

Bus and Train

How much is a ticket to ______?  
Cik maksā bijete uz ______?  
(tsibkh MUHK-sahh BIH-lyeh-teh oozh...)  
One ticket to ______, please.  
Viena bijete uz ______, lūdzu.

Directions

How do I get to ______?  
Kā lai es tieku uz ______? (kah lai ehs TSEH-loh oozh...)  
...the train station?  
...viļcienu staciju? (VIHL-tseyhns s-too STAHR-tsoo)  
...the bus station?  
...autoosta? (OW-toh-aws-too?)  
...the airport?  
...lidostu? (LIH-dawss-too?)  
...downtown?  
...centra virzienā? (TEEZHN-traah VYEHH-vezh-nee-nah?)  
...the youth hostel?  
...jauniešu viesnīcu? (YOW-nyeh-shuh VYEHS-nee-tsuh)  
...the _____ hotel?  
..._________ viesnīcu? (VYEHS-nee-tsuh)  
Can you show me on the map?  
Vai jūs varētu to padarīt uz kartes? (vai yooz taw VAY-srehhh-toh mahn PAH raht-deet oozh KAHRK-tehs?)  
Can I look at the menu, please?  
Vai es varu apskaftēt ēdienkarti, lūdzu? (vah ehs varoo ahrskaftets ee-deht-karti, LOO-dzuh)  
Can I look in the kitchen?  
Vai es varu apskaftēt virtuves? (vah ehs varoo ahrskaftets veertvehhs)  
Is there a house specialty?  
Vai ir māju specialitāte? (vah ehr mahoo speechehreetuh)  
Is there a local specialty?  
Vai ir vietējā specialitāte? (vah ehr veehteh-hah speechehreetuh)  
I'm a vegetarian.  
Es esmu vegetāriets. (ehs ehmoo veheetarryets)  
I don't eat pork.  
Es nēdu cīksgalu. (ehs noo duh tooh-shoo galoo)  
I don't eat beef.  
Es nēdu liellopu galū. (ehs noo duh lee-loopoo galoo)  
I only eat kosher food.  
Es tikai ēdu kosher pārtiku. (ehs tikah eehoo koozher partii)  
Can you make it "lite", please? (less oil/butter/fat)  
Vai Jūs varētu to pārdarīt vieglāku, lūdzu? (vah juhs varoo toh pahr-dhreeth too vee-glahkoo, LOO-dzuh)  
fixed-price meal  
flīkētas cenhs ēdieni (flih-kheh-tahs sehnsh ee-deen)  
la carte  
la carte (lah kahr-teh)  
breakfast  
brokasts (broykahst)  
lunch  
pusdienas (puhs-deh-nahs)  
tēja (twoh)  
supper  
vakarinās (vah-kahr-nee-shahs)  
Want ______.  
Vai es gribu (vah ehs gryuh)  
I want a dish containing ______.  
Es gribu ēdienu, kas satur ______. (ehs gryuh eehi-uh, kas sahr ______.)
Pre Arrival Information for International Incoming Students

chicken  
cālis (...)  
beef  
liellopu (...)  
fish  
zīvs (...)  
ham  
šķīņķis (...)  
sausage  
desa (...)  
cheese  
siers (...)  
eggs  
olas (...)  
salad  
nalāti (...)  
(fresh) vegetables  
(svaigi) dārzeņi (...)  
(fresh) fruit  
(svaigi) augļi (...)  
bread  
maize (...)  
toast  
grauzdiņš (...)  
noodles  
nūdeles (...)  
rice  
rīsi (...)  
beans  
pupas (...)  
May I have a glass of _____?  
Vai es varētu pasūtīt glāzi ____? (...)  
May I have a cup of _____?  
Vai es varētu pasūtīt tasi ____? (...)  
May I have a bottle of _____?  
Vai es varētu pasūtīt pudeli ____? (...)  
coffee  
kafija (...)  
tea (drink)  
tēja (...)  
juice  
sula (...)  
(bubbly) water  
(gūžēts) ūdens (...)  
water  
ūdens (...)  
beer  
alus (...)  
red/white wine  
sarkans / balts vīns (...)  
May I have some ____?  
Man, lūdzu ____? (...)  
salt  
sāls (...)  
black pepper  
melnie pipari (...)  
butter  
sviests (...)  
Excuse me, waiter? (getting attention of server)  
Atvainojiet, viesmīl? (...)  
I'm finished.  
Es esmu pabeidzis. (...)  
It was delicious.  
Tas bija ļoti garšīgi. (...)  
Please clear the plates.  
Lūdzu, novāciet šķīvius. (...)  
The check, please.  
Rēķīnu, lūdzu. (...)  
Shopping  
Do you have this in my size?  
Jums ir mans izmērs? (yooms ihr mahnz IHZ-mehhrs?)  
How much is this?  
Cik tas maksā?  
That's too expensive.  
Tas ir pārāk dārgi.  
Would you take ____?  
Jūs pieņemat ____?  
expensive  
dārgi  
cheap  
lēti  
I can't afford it.  
Es to nevēlos.  
You're cheating me.  
Jūs mani krāpjat.  
I'm not interested.  
Mani tas neinteresē.  
OK, I'll take it.  
Labi, es to ņemšu.  
I need...  
Man vajag/vajadzētu...  
...toothpaste.  
...zobu pastu.  
...a toothbrush.  
...zobu birsti.  
...tampons.  
...tamponus.  
...soap.  
...ziepes.  
...shampoo.  
...šampūnu.  
...pain reliever. (e.g., aspirin or ibuprofen)  
...atsāpinošas tabletes.  
...cold medicine.  
...zāles pret saaukstēšanos.  
...an umbrella.  
...lietussargu.  
...postage stamps.  
...pastmarkas.  
...batteries.  
...baterijas.  
...a pen.  
...pildspalvu.  
...English-language books.  
...grāmatas angļu valodā.  
Emergencies  
Help!  
Paľģā! (PAH-lee-goh)  
Look out!  
Uzmanies!  
Fire!  
Uguns!  
Go away!  
Ejiet prom!  
Thief!  
Zaglis!  
Stop thief!  
Turiet zagli!  
Call the police!  
Izsaukšu policiju!  
Where is the police station?  
Kur ir policijas iecirknis?  
Can you help me please?

Vai jūs varat man palīdzēt lūdzat?  
Could I use your telephone/mobile/cell phone?  
Vai es varētu izmantot jūsu telefonu?  
There's been an accident!  
Ir bijis nelaiomes gadijums!  
Call a  
Zvanu  
...doctor!  
...ārstu  
...an ambulance!  
I need medical attention!  
Man vajag ārstu!  
I'm ill.  
Es esmu slims.  
I'm lost.  
Es apmaldījos.  
I've been raped!  
Mani izvaroja!  
Where are the toilets?  
Kur ir tualetes? (koor ihr TWAH-leh-tehs?)

From:  
http://wikitravel.org/en/Latvian_phrasebook

ISMA